



Town of Morris  
Beach & Recreation  
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## Pop Up Pilates!

Clear your mind, sculpt your body and enjoy the additional benefits of increased energy and serenity.

POP UP PILATES held on Saturday, May 27, 2023.  
Class held at Morris Town Beach (83 East Shore Road)  
from 10:00 am - 11:00 am.  
\$5.00 donation.

By signing this form, I waive all claims against the Town of Morris, its' Beach and Recreation Department and all personnel from any and all liability for any injuries, loss or other claims resulting from participation in this activity. If necessary, I give permission for the Physician selected by the Beach and Recreation Department to hospitalize, secure proper treatment for and to order injection, anesthesia or surgery for myself.

Program / Activity: **POP UP PILATES!** Fee enclosed: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Participant's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Town / Zip: \_\_\_\_\_ Best Phone #: \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Name / Phone: \_\_\_\_\_

Allergies or other factors the Beach and Recreation Department should be aware of: \_\_\_\_\_

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Comments: \_\_\_\_\_

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