



Sandy Beach Commission

Job Opportunity

Part-Time (Seasonal) Lifeguard

Job Title: Lifeguard

Schedule: Part-Time (Seasonal) **Must be available Memorial Day to Labor Day in addition to pre and post season responsibilities**

Pay Rate: Based on qualifications and experience

Please see the job description below for the open position with the Sandy Beach Commission.

Candidates must pass a background check, including DMV review, and reference checks.

Submit your application, resume, and cover letter to: SandyBeachHR@gmail.com or mail to:

Sandy Beach Commission
C/O Town of Morris Town Hall
3 East Street
Morris, CT 06763

Applications will be accepted until 4:00pm, April 10, 2026

Position Summary

Under the direction of the Sandy Beach Commission and/or the Beach Manager, the lifeguard ensures that the beach is clean, safe, and fully operational to serve the beach users and the community. This position maintains facilities in excellent condition and contributes to a welcoming and professional environment for staff and visitors.

Essential Duties and Responsibilities

1. Monitors waterfront activities and ensures swimmer safety.
2. Possesses knowledge of rescue procedures and emergency medical procedures.
3. Knows, understands, and consistently applies safety rules, policies, and guidelines as outlined by the Sandy Beach Commission.
4. To ensure safety, lifeguards must remain alert throughout an entire shift.
5. Must hold lifeguard and CPR certification.
6. Responds to challenges with possible solutions in a timely manner.
7. Remains calm and objective when under pressure or when challenged by others.
8. Maintains accurate records as required by the Sandy Beach Commission. (i.e. activity and incident reports)
9. Performs equipment checks and ensures appropriate equipment is available as needed.
10. Checks the beach and swimming area for hazardous conditions when arriving.
11. Performs cleaning of facilities and other duties as assigned when not guarding.
12. Is committed to maintaining a workplace free from all forms of harassment.
13. Reports suspicious or inappropriate behaviors and policy violations to beach manager, timely.

Reliability & Professionalism

- a. Maintains dependable attendance and punctuality.
- b. Performs duties responsibly, safely, and in compliance with Commission policies.
- c. Fosters positive working relationships with staff, volunteers, and the public.

Qualifications

- a. At least 16 years of age
- b. American Lifeguard Certification, preferred
- c. Red Cross CPR/First Aid for the professional rescuer, preferred
- d. Waterfront Safety, desirable
- e. Prior lifeguarding experience preferred.

Knowledge, Skills & Abilities

- a. Ability to read and understand safety rules, operating instructions, and procedure manuals.
- b. Ability to complete basic written reports and communicate effectively with staff and visitors.
- c. Basic mathematical skills, including addition, subtraction, multiplication, and division.
- d. Ability to solve practical problems and follow written and verbal instructions.
- e. Ability to establish and maintain effective working relationships.
- f. Working knowledge of cleaning equipment, products, and safety procedures preferred.

Physical Demands

- a. Occasional lifting of at least 50 pounds (debris, picnic tables, maintenance equipment, etc.)
- b. Pushing and pulling of equipment such as picnic tables and equipment
- c. Consistent attendance is an essential function of this position.

Work Environment

- a. Primarily outdoor work with occasional indoor duties.
- b. Regular exposure to sun, cleaning agents, landscaping and maintenance equipment.
- c. Occasional work near moving mechanical equipment.
- d. Moderate noise level.
- e. Work may require meeting deadlines and responding to time-sensitive needs.

EEOC Statement

It is the policy of the Sandy Beach Commission to provide equal employment opportunity to all persons regardless of age, color, national origin, citizenship status, physical or mental disability, race, religion, creed, gender, sex, sexual orientation, gender identity and/or expression, genetic information, marital status, status with regard to public assistance, veteran status, or any other characteristic protected by federal, state or local law. In addition, the Sandy Beach Commission will provide reasonable accommodations that do not present an undue hardship for qualified individuals with disabilities.

The information contained in this job description is for compliance with the Americans with Disabilities Act (ADA) and is not an exhaustive list of the duties performed for this position. Additional duties are performed by the individuals currently holding this position, and additional duties may be assigned.