

SENIOR CONNECTION

MARCH / APRIL 2026 | VOLUME 23 / ISSUE 2

“

Where Friends Meet!

”

WELCOME SPRING!

Was this a doozy of a Winter, or what? And something tells me we aren't done yet! Keeping visions of green grass, fragrant flowers and vibrant trees in my mind!

Inside of this newsletter cycle, we hope you'll find a trip, class or event that interests you. We'd love to have you join us!



Rails & Sails

NORTH CONWAY, NH

Join us for this upcoming wee - getaway to the White Mountains this September 9 - 11, 2026! We'll experience a train ride aboard the Winnepesaukee Railroad with lake views, a boat ride on Squam Lake along with the Mt. Washington Cog Railway! Details inside. Don't delay - this adventure should sell out!



Morris Senior Center hours:

(subject to change without notice)

Monday - Friday
10 am - 4 pm

ST. PAT'S BASH!

We are ALL a little bit Irish on March 17 - it's **Saint Patrick's Day**, of course!

We go all out with all of our parties, and this one is no exception!

Complete corned beef dinner, authentic Irish entertainment, prizes, treats and even some fun surprises!

We currently are accepting names for our waiting list for this event - give us a call if you'd like to add your name.

Tuesday, March 10
12:30 pm / \$20 per person

SEWING SISTERS!

 Have a sewing project or quilt that you're working on? Bring your project and your machine along with you and make some progress on it in the company of friends!

Kind, knowledgeable sewers will be here working on their own projects while lending you a helping hand or suggestion! Special thanks to volunteers and Morris residents Denise Weik and Sharen Clark.

Sewing Sisters meets on the SECOND TUESDAY of every month from 10 am—2 pm here at the Morris Senior Center.



DIY Birdhouses

Is there anything that symbolizes Spring than the appearance of songbirds?

We'll be celebrating the arrival of Spring (March 20!) with a sweet craft in honor of our fine feathered friends!

Did you know that Astronomical spring is actually the date of the spring equinox which is determined by the Earth's tilt as it travels around the Sun. On the equinox, the Sun crosses the equator, making day and night nearly equal in length.

We will each have an opportunity to decorate a wooden birdhouse any way we would like! These birdhouses are intended for indoor décor, but may do okay in a protected outside environment. We'll supply all of the craft supplies—so many to choose from, including but not limited to, paints, stickers, gems, feathers, moss and so much more! All you need to bring is your creativity!

Thursday, March 19
10:00 am
\$5.00 per person

*"My favorite weather
 is bird chirping
 weather."
 ~Terri Guillemets*

Lunch Bunch

Join us and try out a new spot!

Lunch Bunch meets on the first Friday of each month. Each month, we'll showcase a different restaurant in our area to enjoy lunch together.

Make your reservation for **Lunch Bunch** with us, but we'll meet directly at the designated restaurant.



Friday, April 3; 12:00 pm —

This month's showcased restaurant is **Sasso's Coal Fired Pizza**, located at 52 Main Street in Torrington. Pizza spot featuring pies baked in a coal-fired oven, plus wings, cocktails, wine and beer in a casual, artsy setting.

Friday, May 1; 12:00 pm —

This month's showcased restaurant is **Vientiane Thai Cuisine** located at 231 High Street in Torrington. Serving a variety of Thai cuisine such as Pineapple Fried Rice, Garlic Dish, Red Curry and so much more.

Take yourself out to lunch and join us! Email or call us today to reserve your space. Limited seating available for each **Lunch Bunch**. Join us and try something new!

LUNCH -AND- LEARN

Every **Lunch & Learn** event will feature an interesting speaker / event / topic and of course, lunch, once per month—on the third Tuesday of each month. Lunch may sometimes be a catered event, sometimes a pot luck or brown bag. **Lunch & Learn** will always be FREE! All are encouraged to attend—share with your friends and neighbors!

Tuesday, March 17—12 pm: We'll be welcoming back our friends from **CONNECT PT** of Watertown. This month's topic is **BALANCE**. Don't let your balance slip away. Learn how to improve your balance and reduce your risk of falling.

*This is a **BROWN BAG** lunch event. Dessert provided courtesy of **CONNECT PT**. Reservations required!*

Tuesday, April 21—12 pm: We will be welcoming representatives from the **Western CT Area Agency on Aging** (WCAAA). This presentation will provide us with a complete overview of all of the programs that WCAAA offers, including but not limited to: CHOICES, CT Home Care Program, Money Follows the Person, The Live Well Program, Senior Medicare Patrol.

*This is a **CATERED** lunch event sponsored by WCAAA - lucky us! Space is limited and reservations are required.

While the program is free of charge, advance registration is mandatory. Please call or email us to register for one or both. Looking forward to seeing you soon!

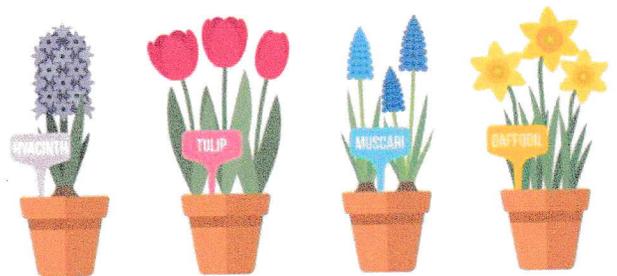
SPRING BULBS

Spring means a lot of wonderful things including a great time to plant flower bulbs!

We'll be welcoming Amy Lopez, the owner of **Bloom Where Planted**. Amy has training in Therapeutic Horticulture and also has completed training as a naturalist and has several years experience as an environmental educator.

She's bringing her *Spring Flowering Bulbs* program to us! We'll explore the world of bulbs that bloom in early Spring. We'll go through several types of flowers and learn to plant and force bulbs indoors for some early Spring color! Everyone will take home a bulb to grow.

Tuesday, March 24 / 10:00 am
\$10.00 per person



Winter Concert at South Farms

Morris Beach & Recreation presents...
Winter Concert Series at South Farms
with **SOUL SOUND REVUE!**

Join us for an incredible evening of live music at South Farms in Morris, CT. Get ready to dance and groove to the infectious sounds of **Soul Sound Revue!**

This in-person event promises to be a night to remember, filled with high-energy performances and non-stop fun.

Grab your dancing shoes and be prepared to dance away your Winter Blues!

Saturday, March 14, 2026

Doors open at 7:00 pm; show starts at 7:30 pm

Advance tickets sales through Eventbrite:
\$35.00 per person, ALL IN (NO hidden fees!)
OR here in our office at the Senior Center.



Movie Matinee Fridays continues at the MSC!
Second and fourth Fridays of each month are Movie Matinee Fridays! Showtime is 1:00 pm—cost is FREE!

March 13—*Wake Up Dead Man: A Knives Out Mystery*, PG-13 (mystery) A baffling death inside a quiet church draws Benoit Blanc into a tense investigation where faith, secrets and suspicion blur as a close community turns against itself.

March 27—*Eleanor the Great*, PG-13 (drama) After the death of her oldest friend, 94-year-old Eleanor Morgenstein moves from Florida to New York City for a fresh start. Wandering into a support group for Holocaust survivors, she tells a tale that takes on a dangerous life of its own.

April 10—*Jay Kelly*, R (comedy) Famous movie star Jay Kelly (George Clooney) and his devoted manager, Ron, embark on an unexpectedly profound journey through Europe. Along the way, both men confront the choices they've made, relationships with loved ones, and the legacies they'll leave behind.

April 24—*Train Dreams*, PG-13 (drama) Robert Grainier lives all of his years in the forests of the Pacific Northwest, working on the land, helping to create a new world at the turn of the 20th century.

Mother's Day Tea
 presented by the Morris Senior Center
 and Morris Beach and Recreation
 Commissions

While Moms deserve more than a single day to honor them, we'll have to start there!

What better way to celebrate Mother's Day than with a High Tea? We'll have pinkies high as we sip our favorite flavored tea from our china tea cups. Our tiered serving dishes will be displayed full with a variety of finger sandwiches, an assortment of delicious scones, and then topped with delectable desserts!

We'll also enjoy some lovely live background

Safe Boating Course

Boating season is around the corner!



Let us help you get ready for a SAFE Summer with CT DEEP's Boating Safety Course.

Earn your combination Safe Boating / Personal Watercraft License in just three weeknights!

(Must attend all classes in full.)

Course is open to all members of our Community age 12 and older.

March 23, 25 & 27, 2026

5:00 pm - 8:00 pm

Course held at the Community Room at the Morris Senior Center.

Bring payment to first class.

\$20.00 per person, Morris residents

\$25.00 per person, non - residents

Checks made payable to

Morris Beach and Recreation, please.

Get your Conservation ID# prior to first class.

Have you completed one of our membership forms? Let's make it official! Pick one up in the office next time you're here!

Morris Senior Center and Beach & Recreation Commissions present...

Mother's Day Tea

Saturday, May 2 | 1:00 pm

Morris Senior Center

\$10 per person

Advance reservations only.
 Payment upon sign up required.
 Email us at Activities@MorrisCT.gov

music but the real entertainment will be the delightful conversation you'll have with your family and friends!

This multi - generational event is open to everyone in our Community. Limited seating is available. Advanced reservations and payment are required.

Saturday, May 2 / 1:00 pm
\$10 per person (cash / check)

JOIN US ON A MINI ADVENTURE!

Visiting fun places
and experiencing new
things with friends!

Morris Senior Center's **SENIOR BUS TRIPS!**

Once per month,
departing from the
Morris Senior Center.

shopping ~ museums ~ events
places of interest ~ restaurants

Join us for a new adventure!



Our Senior Bus trips have limited seating available, therefore advance reservations and payment is absolutely required. Please call / email the office to make your arrangements.

Calling all Crafters! This is the trip for you!

We'll be traveling to **Market Street Creatives** in Torrington to soak up all of the inspiration and maybe even find a treasure or two! Then it's off to **Bristol Bazaar** which is another adorable artisan marketplace with incredible handcrafted items for sale and inspiration! Now that we're all inspired, we'll pop into **Hobby Lobby** and get all of the supplies we need to create our own masterpieces! We'll stop for lunch (of course!) and maybe even a bonus treat!

Thursday, March 26

9:30 am departure

\$10 per person

Calling all Quilters! This is the trip for YOU!

We'll be traveling to the **CT Convention Center** for the **American Quilt Society's AQS Quilt Week!** Quilters can look forward to a vibrant event featuring a wide array of quilt exhibits, quilting workshops, and vendors. Lunch will be 'on your own' with the CT Convention Center's vendors.

Thursday, April 9

9:00 am departure

\$10 bus, per person +

\$12 AQS Member / \$15 Non-Member entry ticket purchase at venue on own

Travel with us to our favorite
little theater in Ridgefield with the
biggest mission of
employing adults with disabilities!

Prospector Theater!

We'll have our choice of a few first - run
movies and enjoy a brunch prior to the
show at a favorite local area restaurant.

Thursday, April 2 / 10 am departure

\$10 bus cost / lunch, movie on own



MORRIS COMMUNITY ACTIVI-

Rails & Sails

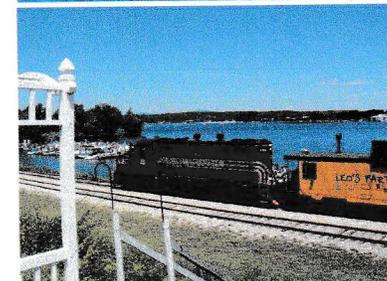
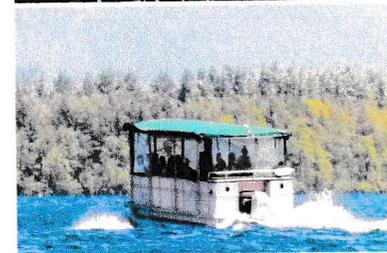
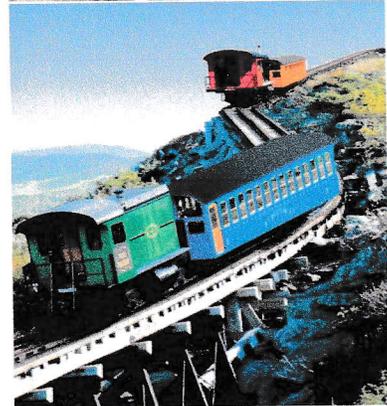
Journey to the White Mountains



North Conway, NH

- Lake Winnepesaukee Turkey Train
- Mt. Washington Cog Railway
- Squam Lake Cruise

September 9-11, 2026 / Wed.—Fri.



Day 1: Depart aboard our deluxe motorcoach for the White Mountains, North Conway, NH. We begin with a leisurely cruise aboard pontoon boats on our SQUAM LAKE CRUISE. Learn about the natural history of the lake, the wildlife that makes Squam so special, and view locations where the movie "On Golden Pond" was filmed over 30 years ago. Watch for Loons, Bald Eagles and other wildlife. Spend 2 nights at the NORTH CONWAY GRAND HOTEL, the finest resort in the area, set on a picturesque pond and boasting oversized guest rooms, beautiful indoor pool, jacuzzi, saunas and state-of-the-art fitness center. Located just steps from our hotel is the SETTLERS GREEN OUTLET VILLAGE with over 60 factory outlet stores. Don't forget....SHOPPING IN NEW HAMPSHIRE IS 100% TAX FREE. Welcome dinner marks our arrival.

Day 2: This morning hop aboard and take a ride on the world's first mountain climbing train, THE MT. WASHINGTON COG RAILWAY, the only Cog Railway East of the Rockies, to the Top of Mount Washington - the Highest Peak in New England! Enjoy a BOX LUNCH as you travel up a 3 mile long

...Continued

DEPARTURE: Morris Town Hall, 3 East St, Morris

DEPOSIT: \$250 pp by May 27, 2026

FINAL PAYMENT: July 22, 2026

FOR RESERVATIONS: Morris Senior Center 860-567-7437

CHECKS PAYABLE TO: *Friendship Tours*

CANCELLATION POLICY: If a passenger cancels from deposit to July 29, 2026 fee of \$75 pp; July 30 to August 26, 2026 fee of \$250 pp; no refunds if cancelled on August 27, 2026 or later unless a substitute is provided.

Trip Protection Coverage is strongly recommended. Trip Protection offers coverage for Cancellation for covered medical reasons, Interruption, Emergency Medical, Travel Delay, & more.



FRIENDSHIP TOURS
THE SHIP SHOP
705 Bloomfield Ave, Bloomfield, CT 06002
860-243-1630 • 800-243-1630
www.friendshiptours.net

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Permit #347

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203-598-9425

Beverly Huntley

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Catherine Wheeler

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Happy Spring Birthday!

March

4 - Linda McNeil

9 - Rita Knox

11 - Debra Ocain / Beverly Russo / Elliot Woolwich

12 - Mona Jean Ceserio / Joanne Stroby

13 - Juliet Aguiar

16 - Lucy Dobson

17 - Debra Lipeika

19 - Betty Nedorastek

20 - Cindy Szczepanski

21 - Julie Clifford

23 - Brenda Ganem / Michelle Margaitis

25 - Jeanette Richard / Diane Salius

26 - Rhea Hamel

30 - Frances Gee



11 - Cynthia Baldwin / Nancy Carroll / Michele Clare

12 - Janet Shaw

14 - Barbara O'Hern Littell

15 - Alice Pulliam

15 - Mary Ann Ryan

16 - Peggy Danekr

17 - Dorothy Drozdenko

18 - Jan Beauregard

21 - Doreen Breen

25 - Susan Wasilus

26 - Sheridan Franklin / Steve Tichy

27 - JoAnn Ash / Marion Samoska

28 - Ginnie King

29 - Carol Ostermann

April

4 - Susan Manter

11 - Cynthia Baldwin / Nancy Carroll / Michele Clare

12 - Janet Shaw

14 - Barbara O'Hern Littell

15 - Alice Pulliam

15 - Mary Ann Ryan

16 - Peggy Danekr

17 - Dorothy Drozdenko

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