

# Town of Barkhamsted

## Weekly Town Email

### September 25, 2025



#### Riverton Fair

The Riverton Fair will take place October 10-12. Don't forget to get your Entries in by October 2<sup>nd</sup>! It's always fun to walk through the buildings to see all the wonderful crafts, flowers, vegetables, collections and baked goods that have been entered into the fair. Open to all ages so be creative and have fun! For more information or to enter an item please go to <https://rivertonfair.com/>

#### Hogsback ½ Marathon

Saturday, September 27<sup>th</sup> the Hogsback 1/2 Marathon will take place starting at 8:15 AM and should conclude by 1:00 PM. The runners will be going through Riverton, East River Rd. and West River Road. Please use caution traveling these areas on Saturday.

#### Town Hall Hours

The Town Hall offices will be closed on Monday, October 13<sup>th</sup> in observance of Columbus Day.

As a reminder, when submitting items for the weekly email, please submit in PDF format to [edyndiuk@barkhamsted.us](mailto:edyndiuk@barkhamsted.us)



## Community/Senior Center News & Events

The first day of Fall has arrived and we can look for the leaves to change soon. When you live in the Northwest Corner, it is beautiful in the hills and forests, but a harbinger of winter. Some of us, like winter, but I know not everyone does. The two Farmers Almanac's differ on their prediction so we shall just have to wait to see which one is accurate.

Here are the meals for this week:

- LUNCH – 12:00 pm – Tuesday, 30th -- Lunch – Antipasto squares, vegetable salad and apple crisp for dessert.
- BREAKFAST – 7:30 am – 9:00 am – Thursday, October 2nd – Cooked to order, as usual - your choice of eggs, bacon, sausage, ham, pancakes, waffles, home fries, hash, fresh fruit, juices and more

As always, meals are \$5.00 – additional donations are always welcome. Gluten-free options are available, so please let us know if those dishes are something you would like or need. Take out is also an option.

I am still trying to schedule Medicare enrollment assistance and will let you know as soon as that is schedule. We are also considering Ta Chi, a wonderful exercise for improving mobility and balance – more to follow on that. Here are the upcoming activities:

- Monday, September 22, 29, October 6, 13, 10 at 10 AM – Chair Yoga – the fee is \$5 which will go into the garden fund for the Senior and Community Center. Lorna Delaney does a great job with these classes and is very generous with her time. Open to every age group.
- Friday, September 26, 7:00 PM, the Traveling Trout will be at the Senior Center for their monthly concert and jam session, again a very enjoyable activity for all who attend. FREE but donations are welcome.
- Tuesday, October 21st - 6:00PM - we will have our monthly Trivia night. These continue to be great successes and there is always a great atmosphere in the room. Only \$2 to participate!
- Weeders and Readers is a group that meets during the Spring/Summer months as a garden club and during the Fall/winter it becomes a book club. Meetings are the last Thursday of the month beginning at 9.30. a.m. Please join them on Thursday, September 25th to select our first book of the season. Following the meeting, we will car-pool to Chesterwood in Stockbridge MA: (The Gilded Age home, studio and gardens of America's foremost sculptor Daniel Chester French (1850 - 1931). Members can elect to tour the house and/or stroll the gardens. For further information please call/text Lorna Delaney 860 379 6419.

If there are activities, programs or crafts you would like to suggest please contact me at [communitycenter@barkhamsted.us](mailto:communitycenter@barkhamsted.us)

I hope everyone has a good week. - Don

***BARKHAMSTED'S ONE ROOM SCHOOLHOUSE  
WILL BE OPEN THIS COMING SUNDAY !  
LAST TIME THIS YEAR !***



*Center School, circa 1911*

The Barkhamsted Historical Society's one room schoolhouse, the old Center School on Center Hill Road (Rt. 181) just north of the intersection with Beach Rock Road in Barkhamsted, will be open to the public this coming Sunday, September 28th, from 1:00 to 4:00 PM. Come and find out what school was like in "the old days." Ask questions; read the old books; review a high school entrance exam; try your hand at various toys and games, or do some arithmetic problems on a slate. All free of charge !

Children are especially welcome.



# COMMUNITY FOOD BANK



## FUNDRAISER

September 30, 2025 @ 6:00 PM

Barkhamsted Community & Senior Center

109 W River Rd, Pleasant Valley CT 06063



\$10 per person to play + 2 raffle tickets included. Teams of 8 players maximum.

Tickets may be purchased in advance by calling Barbara @ 860-729-2560



Baked goods & fall punch will be served! Feel free to bring your own additional food or drink.

We are happy to accept non-perishable non-expired food donations at this event.

# Barkhamsted Women's Club



## Join Us!

### OPEN HOUSE

**Wednesday, October 8**

**6:30 pm to 7:30 pm**

**Senior & Community Center**

**109 W. River Road, Barkhamsted**

**Tea, Mini Sandwiches & Cakes**

Upcoming Club Events: Decorating Christmas Trees for the Grange Fundraiser, Regional 7 Craft Fair/Ornament Fundraiser, Breakfast with Santa, December Holiday Banquet, February Potluck Supper....to name a few.

*We are a community service focused group. Funds go towards programs such as Student Scholarships & local Food Bank. The club is open to women 18 years & older. For more information, please contact Lynn Keselis @ 860.738.9679 or 860.212.2465.*



# **Sign Up For Fun Fall Programs With The Barkhamsted Recreation Department**



## **Pound Fitness Blast for Adults**

Release your Inner Rockstar! POUND is a full-body workout that combines cardio, conditioning, and strength training. POUND transforms drumming into an incredibly effective way of working out using lightly weighted exercise drumsticks. Designed for all fitness levels and easily modifiable. POUND provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! Participants need to bring a yoga mat and water bottle.

Tuesdays-September 23, 30, October 7, 14, 21, 28

Time: 7:00-7:45 p.m. Adult Class Ages 14 and over

Location: Barkhamsted Elementary School gym

Fee: \$40.00

Instructor: Donna Dorbuck

Registration Deadline is Tuesday, September 16. Please pre-register through this link-

<https://forms.gle/iNSGEcansJ4zLxx9>

Registration Deadline for both Generation Pound and Pound Fitness Classes is Tuesday, September 16. Please mail or drop off checks/payment to Barkhamsted Recreation Department- Attention: Donna Bastrzycki-Barkhamsted Recreation Director Barkhamsted Town Hall- 67 Ripley Hill Road, Barkhamsted, CT 06063 (there is also a white mailbox out in front that you can leave payment in) Please make checks payable to Barkhamsted Recreation and address the envelope-Attention: Donna Bastrzycki-Barkhamsted Recreation Department. You can also pay the first night of the program.

## **Fall Karate!**

Thursdays, on October 9, 16, 30, November 6, 13, 20, December 4, 11 No program on October 23 or November 27) in the Barkhamsted Elementary School in the Gym from 6:00-6:45 p.m.

**White Belts** (Beginners ages 5 to 12)

**Little Dragons-**(ages 5 & 6)-Basic Karate skills, Basic Kata, target drills and exercise, simple self defense

**Mighty Tigers** (ages 7 & 8)-Stronger Karate basics and Kata, Stretching, exercise, target drills and self defense

**Karate Rangers** (ages 9-12)-Karate Basics, including kicking, kata, self-defense, exercise to level, target drills

Fee: \$75.00 per 8 week session (New-\$5.00 discount for each additional family member that signs up) **\*\*\*Note\*\*\*New students are white belts and receive uniform**

Fee includes: Belt and/or Stripe, Belt or Stripe Test and Certificate (Note: Promotion to higher belt levels will require multiple sessions)

## **Family/Teen and Adult Karate** 🤔

Thursdays, on October 9, 16, 30, November 6, 13, 20, December 4, 11. No program on October 23 or November 27

Location: Barkhamsted Elementary School in the Gym the Barkhamsted School in the Gym from 7:00-7:45 p.m.

**White Belts** (Beginners ages 13 and up)-7:00 to 7:45 p.m.

**Teen/Adults**-(Ages 13 and up)-Kenpo Karate Forms and Self Defense Techniques, Basic kicking drills.

This is a great opportunity to learn karate with family members or solo.

\$85.00 per 8 week sessions New-\$5.00 discount for each additional family member that signs up for Karate!

**\*\*\*Note\*\*\*New students are white belts and receive uniform**

Please pre-register through this link- <https://forms.gle/LTBAYLs37tbpjRA4A>

Registration Deadline for both Karate programs is Monday, October 6. You can pay the first night of the program or mail or drop off checks to Barkhamsted Recreation Department- Attention: Donna Bastrzycki-Barkhamsted Recreation Director Barkhamsted Town Hall- 67 Ripley Hill Road, Barkhamsted, CT 06063 (there is also a white mailbox out in front that you can leave payment in)

For more information contact: Charlotte Silkey Phone-860-830-7178 Email- [silk3dblue@yahoo.com](mailto:silk3dblue@yahoo.com)

## **Halloween Sock Hop!** 🎃🎃🎃🎃🎃

The Recreation Department's Annual Sock Hop will be held on Friday, October 24 from 5:00-7:00 p.m. Join us for this annual family event, with music and fun at the Peoples State Forest Pavilion- \$6.00 fee per person will be collected on-site. All participants must pre-register and children must be accompanied by an adult family member at all times. There will be quality gift card costume contest prizes for adults, children and families! Parents and caregivers, please dress up too! Mike Welcome will be spinning everyone's favorite music. Be ready for some Halloween Fun! We will have lots of fun! Please bring flashlights or headlamps as it will be dark towards the end of the dance going back to cars or when using the port-o-potties. Everyone must pre-register from this link-

<https://forms.gle/tAs7TZZtzkKJa6Rj6>

## **Before Thanksgiving Holiday Hike with Hot Apple Cider, Hot Chocolate and Cookies! (Fun for the whole family)**



Join us as we hike up to the beautiful Beaver Brook Marsh Boardwalk trail in Peoples State Forest at 1 p.m. on Saturday, November 22. Get ready for the Thanksgiving holiday by spending time with friends, exercising and enjoying our beautiful forest surrounded by the beautiful Wild and Scenic Farmington River as we hike to the Beaver Brook Boardwalk Marsh Trail and enjoy a fun afternoon. Please dress appropriately with proper gear. This will be a moderately strenuous hike but well worth it. It will be held rain or shine! Families are welcome. We will also enjoy a "Pot Luck" snack together as we take a break at the beautiful Boardwalk and at the end of the hike. Please bring water and your favorite "pot luck" snack. We will also provide individually packaged desserts and hot chocolate/cider. Please Register by Monday, November 17 from this link-

<https://forms.gle/qVAXdqm9wD63h3aP7>

This hike will be led jointly by the Barkhamsted Recreation Department, Farmington River Steward and FALPS. Please meet at the parking area on East River Road at bottom of Greenwoods Road (near the gate) (The road that leads up to the Stone Museum) at 1 p.m. on Saturday, November 22. (**Note-it is hunting season, if you can wear orange or a bright colored jacket it is recommended**)

Depending on the group size/level of difficulty we may split up into two groups and have a few different options for length of the hike/walk.) (The full hike will be approximately 3.5-4 miles)



## **Fall/Winter Pickleball Session 2025/2026**

**Fall Pickleball Free Demo Night** will be held on Wednesday, November 19 from 6:00-9:00 p.m. in the Barkhamsted Elementary School gym. Come down and check out what the fun is all about! Please wear sneakers and bring a Paddle if you have one. Players from the past sessions are encouraged to come and help the new players enjoy the sport that night and also get some play time on the courts before our fall/winter session begins. Participants can also register that night for fall program. The demo night is FREE!



It is time to get off the couch and join us for the very fun and new Pickleball Fall/Winter Session. All levels and abilities are welcome. This fun sport combines many elements of tennis, badminton and ping-pong. You will get great exercise and have a blast.

Day-Wednesdays

Location-Barkhamsted Elementary School Gym

Time-6:00-9:00 p.m. (this program is for adults (**high school students are also welcome**))

**Dates- November 19th-Free Demo Night from 6:00-9:00 p.m.**

**November 19, December 3, 10, 17, January 7, 14, 21, 28, Feb. 4, 11**

**(Snow Date is Feb. 18 ) (New 10 week session this year!!)**

**Please pre-register through this**

**link- <https://forms.gle/oczt8p7mtVgFWTeP7>**

Fee: \$20.00 for residents, \$25.00 for non-residents (no pro-rations) Pre-registration is required.

Registration deadline is November 19<sup>th</sup> at Demo night. Please bring your own paddle and wear sneakers.

Please mail your registration to The Barkhamsted Recreation Department- Attention Donna Bastrzycki- Recreation Director 67 Ripley Hill Road, Pleasant Valley, CT 06063 or bring your payment to the Free Demo night on Wed. November 19, 2025

To learn more about Pickleball visit-

[https://www.pickleballcentral.com/Pickleball\\_Videos\\_s/204.htm](https://www.pickleballcentral.com/Pickleball_Videos_s/204.htm)

## **Mark Your Calendars!**

### **Barkhamsted Rec. Ski Program 2026**



Children in Grades 3-6 will enjoy a fun night of skiing at Ski Sundown with the Barkhamsted Recreation Dept! All registration forms must be completed and paid for by **Friday, October 24 at the Halloween Dance.** (Please register on time to help ensure a safe and fun program. Important-The program requires one total check by the town to be made out to Sundown. All registrations must be complete by 10/24/2025 in order for everything to be submitted to Ski Sundown on time. **Chaperones and volunteers are essential in order for this program to be possible. We ask again this year parents ski with their children if possible and children must be accompanied by a parent/caregiver/helper while at Sundown.** Please email Donna Bastrzycki at [barkhamstedrec@barkhamsted.us](mailto:barkhamstedrec@barkhamsted.us) if you can also help out as a volunteer or chaperone by Wed. November 19. Thanks.

Where: Ski Sundown

**Age Group:**

3<sup>rd</sup> - 6<sup>th</sup> graders

When: Wednesday afternoon for 5 weeks (after school) (January 7, 14, 21, 28, Feb. 4 backup day will be Feb. 11 if needed. We will add on weeks if School is canceled or

there is an early release from school.) (If there is no school or an early release then we will not have the Ski program that day and the program will be extended)

Time: 4:00 till 7:00 (with one hour lessons starting AT 5:00 p.m.)

**ANY LATE REGISTRATIONS AFTER October 24 will have to be added on at Ski Sundown and there is an additional \$25.00 late fee paid directly to Ski Sundown and \$5.00 late fee to The Town of Barkhamsted. There are NO guarantees that space will be available after the deadline. Last year they did not accept registrations after the deadline** Please register before October 25 to ensure your child's spot. **Ski Sundown asked us to have a firm deadline with not many add or changes. Please be sure to carefully fill out your child's form with their Ski Level and info.** \*Helmets

are required! Please mark and label your children's skis and equipment. Locks are strongly recommended. (Prices below include bus and snacks on the last night) **All**

**Parents and Children must attend the on-line the Ski Sundown Safety Meeting**

We will be sending the final pricing with forms to the school the week of October 6<sup>th</sup>.

**Fee: Lesson and Lift + bus: \$385.00 Lift Only + bus: \$250.00**

**Pass Holder Lesson + bus: \$245.00 Equipment Rental: \$151.00** (this is in addition to the ski prices- either lesson, lift and bus, Pass holder lesson and bus or Lift only and bus.)

**(The above price includes transportation to Ski Sundown and snack bags on the last night of the program and treats during the program) (Parents/Caregivers drive their children home from Ski Sundown. Parents/Caregivers are encouraged to attend each of the weeks and ski or help watch their children ski outside/ Please consider this is an outdoor focused program before registering. You can register at the Halloween Sock Hop and bring all of your paper work and check there if you wish!) (Ski forms will be distributed to the Barkhamsted Elementary School and will be available at Town Hall after Oct. 6.)**

*Please make checks out to the Town of Barkhamsted and fill out the both the Recreation Department Registration form and Ski Sundown Forms completely. Forms will be available at the Barkhamsted Elementary School and Town Hall during the week of October 9-13 will be on the town website and will be emailed to you directly if requested. Please email- [barkhamstedrec@barkhamsted.us](mailto:barkhamstedrec@barkhamsted.us) for more info.*

**Please note for all programs that are held in the Barkhamsted Elementary School, If there is no school or an early release then we will not have the program that day and the program will be extended if possible) The Halloween Dance will be held rain or shine. Once you are registered, you will be on the guest list!**

**Please register before the deadline for all programs to help ensure safety and your spot. Forms can be either mailed or dropped off at the outside mailbox at Barkhamsted Town Hall-67 Ripley Hill Road-Barkhamsted, CT 06063**

**Mark Your Calendars- Christmas in Riverton will be December 5-7,  
2025**





## Public Flu Clinics

VNHLC is offering flu vaccines to people aged 18 and older.

DAY	DATE	LOCATION	TIME
Tuesday	October 7	<b>Sharon Pharmacy</b> 8 Gay St, Sharon, CT	10 am – 12 pm
Thursday	October 9	<b>Colebrook Senior Center</b> 2 School House Rd, Colebrook, CT	9 – 11 am
Friday	October 10	<b>Winsted Senior Center</b> 80 Holabird Ave, Winsted, CT	11 am – 1 pm
Tuesday	October 14	<b>Barkhamsted Town Garage</b> 33 New Hartford Rd, Barkhamsted, CT	12– 2 pm
Wednesday	October 15	<b>Lakeville Town Grove</b> 42 Ethan Allen St, Lakeville, CT	10 am - 12 pm
Friday	October 17	<b>Falls Village Senior Center</b> 107 Main Street, Falls Village, CT	10:30 am – 12:30 pm
Wednesday	October 22	<b>VNHLC – Salisbury Branch</b> 30A Salmon Kill Rd, Salisbury	10 am – 12 pm
Wednesday	October 29	<b>Warren Town Hall</b> 50 Cemetery Rd, Warren, CT	10 am – 12 pm

**Insurances Accepted:** Aetna, Anthem Blue Cross, Harvard Pilgrim HC, Medicare Part B, ConnectiCare, United Health Care Advantage (over age 65)

**Self-Pay:** Cash or Check - Regular dose for ages 18 & older \$50  
High dose for adults over 65 - \$100

# NATURE RANGERS CLUB



## **Calling All Budding Naturalists!**

Hello from the Nature Rangers Club, a program for preschoolers where little ones are introduced to the world of nature. Each month we feature a species of local flora and/or fauna found here in our beautiful Northwestern Hills. Blending art & science, sessions include ecological tidbits reinforced with an associated storybook reading, arts & crafts and more.

Please come join us!

## **DATE & TIME**

October 15th @ 10:30 am

## **LOCATION**

Hartland Public Library  
61 Center Street  
West Hartland, CT 06091

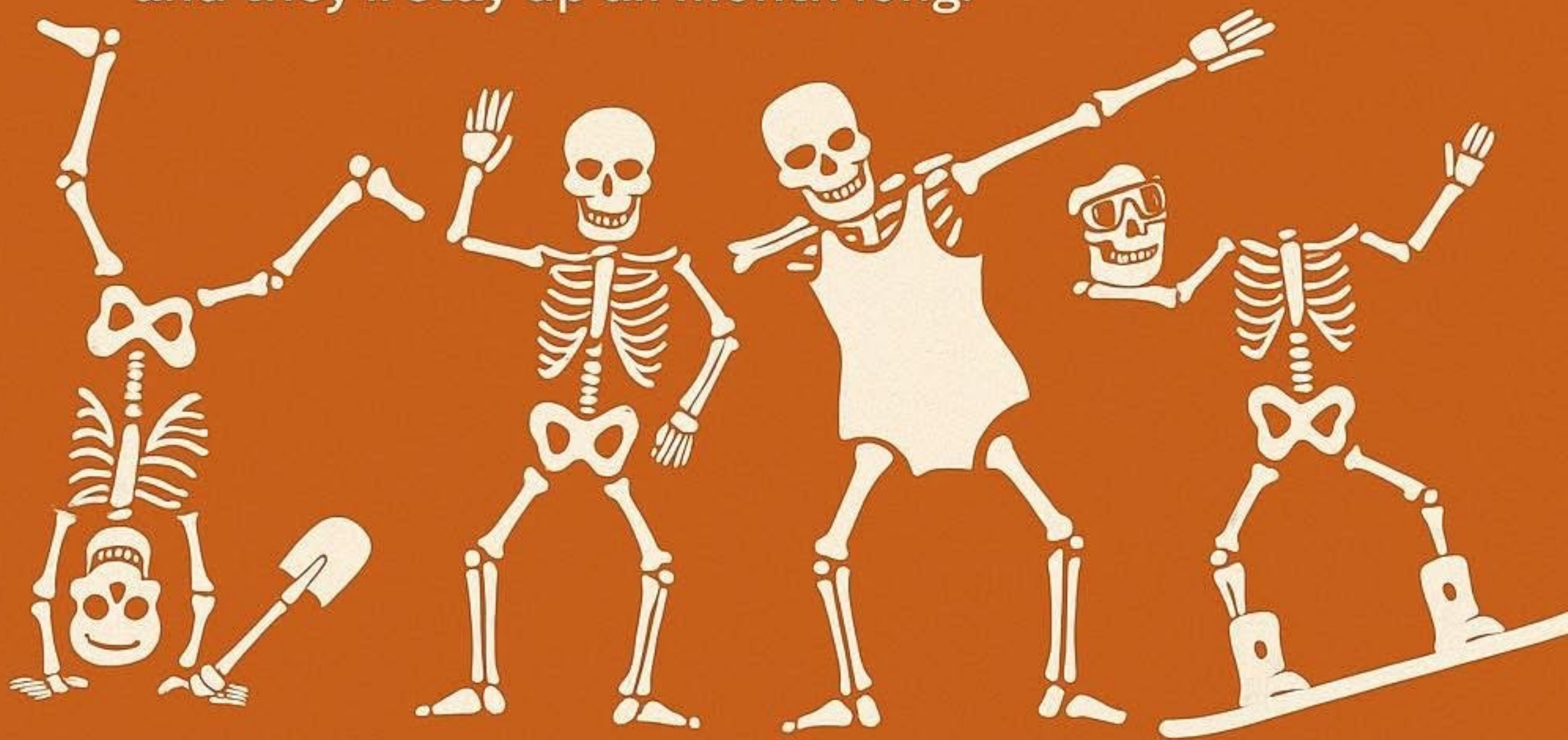
*Sponsored by North Woods Land Conservancy  
Graciously hosted by the Hartland Public Library*

Registration required at [dcnaturerangers@gmail.com](mailto:dcnaturerangers@gmail.com)  
Children must be accompanied by parent/guardian at all times



# YOU'RE INVITED TO JOIN THE FUN!

Starting October 1, skeletons will begin to appear along New Hartford Main Street & beyond—and they'll stay up all month long.



Businesses can decorate storefronts.  
Residents can decorate porches, yards, or windows.  
Everyone can get creative, snap photos, and tag  
#SkeletonsOnMain so we can all follow along.



# HOW DOES SKELETONS ON MAIN & BEYOND WORK?



**-STARTING AT SUNRISE OCTOBER 1  
THROUGH HALLOWEEN NIGHT...**



**1. Use your own skeletons, decorations,  
and creativity to decorate your space –  
porch, yard, window, or shop**



**2. Wander around town and check  
out all the other displays**



**3. Snap pics + share them with  
#SkeletonsOnMain so the whole  
community can enjoy.**

**STRICTLY COMMUNITY FUN – no contest,  
just creativity, small-town spirit,  
and spooky October vibes.**



Any questions, contact Amanda North at [Agosselin14@gmail.com](mailto:Agosselin14@gmail.com) or Laura at CHIC in New Hartford



# Medicare Open Enrollment

Schedule A One-on-One Counseling Session to Review  
Your Health Care Plan for 2026

Presented by **SHIP/CHOICES**  
Helping You Make Sense of Medicare

Monday, November 10th  
Barkhamsted Senior/Community Center  
109 West River Road  
Pre-Registration is Required

## **CHOICES Counselors Can HELP YOU:**

- REVIEW YOUR COVERAGE OPTIONS
- COMPARE PLANS AND COSTS
- ENROLL OR MAKE CHANGES
- ANSWER MEDICARE QUESTIONS



Get your questions answered by trained  
CHOICES counselors.  
This is a **FREE** session.

TO REGISTER  
CONTACT DON STEIN  
@860.672.0188





WESTERN CONNECTICUT  
AREA AGENCY ON AGING



**SHIP**

State Health Insurance  
Assistance Program

## **LIST OF ITEMS TO BRING TO YOUR MEDICARE OPEN ENROLLMENT APPOINTMENT**

- Medicare Card (Red, White, and Blue Card)
- Current Insurance Card(s): (e.g., Prescription Drug Plan card, Medicare Advantage Card, or any Secondary active insurance card)
- Your Gray Connect Card (if Applicable)
- This Enrollment Package (completed)
- My Medicare.gov account information (username and password)