

Town of Barkhamsted

Weekly Email

October 2, 2025

Miscellaneous Information

Town offices will be closed on Monday, October 13th

There are no currently, active peddler permits issued

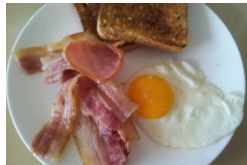
As election season continues, residents may see political candidates or their representatives going door-to-door to meet voters. Please be aware that candidates are not required to obtain a permit to do this.

Reminder that Stanclift Cove is closed and there are
NO TRESPASSING signs posted

Senior/Community Center News & Events

LUNCH - 12:00 pm - Tuesday, October 7th -- Lunch - Chicken divan, noodles, coleslaw, bread, berry cobbler

BREAKFAST - 7:30 am - 9:00 am - Thursday, October 9th - Cooked to order, as usual - your choice of eggs, bacon, sausage, ham, pancakes, waffles, home fries, hash, fresh fruit, juices and more.



As always, meals are \$5.00 - additional donations are always welcome. Gluten-free options are also available, so please let us know if those dishes are something you would like or need.

We have scheduled Medicare enrollment assistance with the Western Connecticut Area Agency on Aging (WCAAA) for Monday, November 10. The individual sessions are about an hour and Amanda Halle or one

of the others in the agency will walk you through the selection process to make sure you pick the right Medicare program. The flyer is attached and if you reach out to me or want to sign up at the Senior and Community Center, you can enroll in this very important, helpful program.

We are also considering Ta Chi, a wonderful exercise for improving mobility and balance - more to follow on that. Here are the upcoming activities:

- Monday, October 6, 13, 10 - 10:00AM - Chair Yoga - the fee is \$5 which will go into the garden fund for the Senior and Community Center. These classes are being held at 10 AM and last about an hour.
- Tuesday, October 14 - 12:00 PM - 2:00PM - flu shot clinic at the Town Garage Community Center, sponsored by the Visiting Nurse and Hospice of Litchfield County (formerly Foothills Visiting Nurse). Most insurances are accepted. Please see the flyer attached to this email.
- Tuesday, October 21 - 6:00PM - we will have our monthly Trivia night. These continue to be great successes, and we seem to be getting more people each time.
- Friday, October 24 - 7:00 PM, the Traveling Trout will be at the Senior Center for their monthly concert and jam session, again a very enjoyable activity for all who attend
- Monday, November 10 - 9:00 AM - 3:30 PM - individual 1-hour sessions to help you select an appropriate Medicare plan. Please see the attached flyer. Once you sign up, I will provide more detail on the information you will need to your meeting. Please note that there is an error in the flyer. My phone number is (860) 605-7380 or you can email me at donstein@me.com if you want more information.
- Weeders and Readers is a group that meets during the Spring/Summer months as a garden club and during the Fall/winter it becomes a book club. Meetings are the last Thursday of the month beginning at 9.30. a.m. For further information, please call/text Lorna Delaney 860 379 6419.

If you would like to hold a crafts or other activity or conduct an exercise class, please let me know. If you have ideas for events or programs you would like to have us schedule, please reach out to me and I will work to get them on the calendar.

That's it for today. I hope everyone has a good week.

Don

TOWN OF BARKHAMSTED

EMERGENCY MANAGEMENT

Town-wide Emergency Volunteer Meeting

Purpose of the meeting is to develop a phone and email list of town residents who are willing to be called to assist with emergencies in town. Emergencies including storms, road closures, fire, etc.

Jobs include neighborhood checks, assisting with an emergency shelter, ham radio operation and other things that come up where help may be needed.

In the last 20 years there have been only a few occasions where this help was needed but we need to refresh our list and get some new recruits.

This is not taking the place of emergency response by the fire, police or EMS, and no one will be placed in dangerous conditions.

Please come to the meeting if you have an interest in helping in this way and want to be included.

MEETING DATE: October 15, 2025 7:00 PM

MEETING LOCATION: Community Room, Barkhamsted Town Garage, 31 New Hartford Rd.

Questions contact Jim Shanley, Emergency Management Director at 860-280-5587 or emd@barkhamsted.us



Public Flu Clinics

VNHLC is offering flu vaccines to people aged 18 and older.

DAY	DATE	LOCATION	TIME
Tuesday	October 7	Sharon Pharmacy 8 Gay St, Sharon, CT	10 am – 12 pm
Thursday	October 9	Colebrook Senior Center 2 School House Rd, Colebrook, CT	9 – 11 am
Friday	October 10	Winsted Senior Center 80 Holabird Ave, Winsted, CT	11 am – 1 pm
Tuesday	October 14	Barkhamsted Town Garage 33 New Hartford Rd, Barkhamsted, CT	12– 2 pm
Wednesday	October 15	Lakeville Town Grove 42 Ethan Allen St, Lakeville, CT	10 am - 12 pm
Friday	October 17	Falls Village Senior Center 107 Main Street, Falls Village, CT	10:30 am – 12:30 pm
Wednesday	October 22	VNHLC – Salisbury Branch 30A Salmon Kill Rd, Salisbury	10 am – 12 pm
Wednesday	October 29	Warren Town Hall 50 Cemetery Rd, Warren, CT	10 am – 12 pm

Insurances Accepted: Aetna, Anthem Blue Cross, Harvard Pilgrim HC, Medicare Part B, ConnectiCare, United Health Care Advantage (over age 65)

Self-Pay: Cash or Check - Regular dose for ages 18 & older \$50
High dose for adults over 65 - \$100

Barkhamsted Women's Club



Join Us!

OPEN HOUSE

Wednesday, October 8

6:30 pm to 7:30 pm

Senior & Community Center

109 W. River Road, Barkhamsted

Tea, Mini Sandwiches & Cakes

Upcoming Club Events: Decorating Christmas Trees for the Grange Fundraiser, Regional 7 Craft Fair/Ornament Fundraiser, Breakfast with Santa, December Holiday Banquet, February Potluck Supper....to name a few.

We are a community service focused group. Funds go towards programs such as Student Scholarships & local Food Bank. The club is open to women 18 years & older. For more information, please contact Lynn Keselis @ 860.738.9679 or 860.212.2465.

Save the Date and Sign up Early – Town Thanksgiving Feast

The Town of Barkhamsted is so excited to bring back the Community Thanksgiving Feast at the Stone Museum. The feast will take place on November 23rd at 1:00 pm at the Stone Museum. Bring your family and friends and decorate your table with your finest. Turkeys and stuffing will be provided. Bring a dish to share and a dessert. This event is limited to 40 people so sign up early. Please contact Debbie Brydon at (860) 379-1314 for questions or to sign up.



Sign Up For Fun Fall Programs With The Barkhamsted Recreation Department



Pound Fitness Blast for Adults

Release your Inner Rockstar! POUND is a full-body workout that combines cardio, conditioning, and strength training. POUND transforms drumming into an incredibly effective way of working out using lightly weighted exercise drumsticks. Designed for all fitness levels and easily modifiable. POUND provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! Participants need to bring a yoga mat and water bottle.

Tuesdays-September 23, 30, October 7, 14, 21, 28

Time: 7:00-7:45 p.m. Adult Class Ages 14 and over

Location: Barkhamsted Elementary School gym

Fee: \$40.00

Instructor: Donna Dorbuck

Registration Deadline is Tuesday, September 16. Please pre-register through this link-

<https://forms.gle/iNSGEcansJ4zLxx9>

Registration Deadline for both Generation Pound and Pound Fitness Classes is Tuesday, September 16. Please mail or drop off checks/payment to Barkhamsted Recreation Department- Attention: Donna Bastrzycki-Barkhamsted Recreation Director Barkhamsted Town Hall- 67 Ripley Hill Road, Barkhamsted, CT 06063 (there is also a white mailbox out in front that you can leave payment in) Please make checks payable to Barkhamsted Recreation and address the envelope-Attention: Donna Bastrzycki-Barkhamsted Recreation Department. You can also pay the first night of the program.

Fall Karate!

Thursdays, on October 9, 16, 30, November 6, 13, 20, December 4, 11 No program on October 23 or November 27) in the Barkhamsted Elementary School in the Gym from 6:00-6:45 p.m.

White Belts (Beginners ages 5 to 12)

Little Dragons-(ages 5 & 6)-Basic Karate skills, Basic Kata, target drills and exercise, simple self defense

Mighty Tigers (ages 7 & 8)-Stronger Karate basics and Kata, Stretching, exercise, target drills and self defense

Karate Rangers (ages 9-12)-Karate Basics, including kicking, kata, self-defense, exercise to level, target drills

Fee: \$75.00 per 8 week session (New-\$5.00 discount for each additional family member that signs up) *****Note***New students are white belts and receive uniform**

Fee includes: Belt and/or Stripe, Belt or Stripe Test and Certificate (Note: Promotion to higher belt levels will require multiple sessions)

Family/Teen and Adult Karate 🤔

Thursdays, on October 9, 16, 30, November 6, 13, 20, December 4, 11. No program on October 23 or November 27

Location: Barkhamsted Elementary School in the Gym the Barkhamsted School in the Gym from 7:00-7:45 p.m.

White Belts (Beginners ages 13 and up)-7:00 to 7:45 p.m.

Teen/Adults-(Ages 13 and up)-Kenpo Karate Forms and Self Defense Techniques, Basic kicking drills.

This is a great opportunity to learn karate with family members or solo.

\$85.00 per 8 week sessions New-\$5.00 discount for each additional family member that signs up for Karate!

*****Note***New students are white belts and receive uniform**

Please pre-register through this link- <https://forms.gle/LTBAYLs37tbpjRA4A>

Registration Deadline for both Karate programs is Monday, October 6. You can pay the first night of the program or mail or drop off checks to Barkhamsted Recreation Department- Attention: Donna Bastrzycki-Barkhamsted Recreation Director Barkhamsted Town Hall- 67 Ripley Hill Road, Barkhamsted, CT 06063 (there is also a white mailbox out in front that you can leave payment in)

For more information contact: Charlotte Silkey Phone-860-830-7178 Email- silk3dblue@yahoo.com

Halloween Sock Hop! 🎃🎃🎃🎃🎃

The Recreation Department's Annual Sock Hop will be held on Friday, October 24 from 5:00-7:00 p.m. Join us for this annual family event, with music and fun at the Peoples State Forest Pavilion- \$6.00 fee per person will be collected on-site. All participants must pre-register and children must be accompanied by an adult family member at all times. There will be quality gift card costume contest prizes for adults, children and families! Parents and caregivers, please dress up too! Mike Welcome will be spinning everyone's favorite music. Be ready for some Halloween Fun! We will have lots of fun! Please bring flashlights or headlamps as it will be dark towards the end of the dance going back to cars or when using the port-o-potties. Everyone must pre-register from this link-

<https://forms.gle/tAs7TZZtzkKJa6Rj6>

Before Thanksgiving Holiday Hike with Hot Apple Cider, Hot Chocolate and Cookies! (Fun for the whole family)



Join us as we hike up to the beautiful Beaver Brook Marsh Boardwalk trail in Peoples State Forest at 1 p.m. on Saturday, November 22. Get ready for the Thanksgiving holiday by spending time with friends, exercising and enjoying our beautiful forest surrounded by the beautiful Wild and Scenic Farmington River as we hike to the Beaver Brook Boardwalk Marsh Trail and enjoy a fun afternoon. Please dress appropriately with proper gear. This will be a moderately strenuous hike but well worth it. It will be held rain or shine! Families are welcome. We will also enjoy a "Pot Luck" snack together as we take a break at the beautiful Boardwalk and at the end of the hike. Please bring water and your favorite "pot luck" snack. We will also provide individually packaged desserts and hot chocolate/cider. Please Register by Monday, November 17 from this link-

<https://forms.gle/qVAXdqm9wD63h3aP7>

This hike will be led jointly by the Barkhamsted Recreation Department, Farmington River Steward and FALPS. Please meet at the parking area on East River Road at bottom of Greenwoods Road (near the gate) (The road that leads up to the Stone Museum) at 1 p.m. on Saturday, November 22. (**Note-it is hunting season, if you can wear orange or a bright colored jacket it is recommended**)

Depending on the group size/level of difficulty we may split up into two groups and have a few different options for length of the hike/walk.) (The full hike will be approximately 3.5-4 miles)



Fall/Winter Pickleball Session 2025/2026

Fall Pickleball Free Demo Night will be held on Wednesday, November 19 from 6:00-9:00 p.m. in the Barkhamsted Elementary School gym. Come down and check out what the fun is all about! Please wear sneakers and bring a Paddle if you have one. Players from the past sessions are encouraged to come and help the new players enjoy the sport that night and also get some play time on the courts before our fall/winter session begins. Participants can also register that night for fall program. The demo night is FREE!

It is time to get off the couch and join us for the very fun and new Pickleball Fall/Winter Session. All levels and abilities are welcome. This fun sport combines many elements of tennis, badminton and ping-pong. You will get great exercise and have a blast.

Day-Wednesdays

Location-Barkhamsted Elementary School Gym

Time-6:00-9:00 p.m. (this program is for adults **(high school students are also welcome)**)

Dates- November 19th-Free Demo Night from 6:00-9:00 p.m.

November 19, December 3, 10, 17, January 7, 14, 21, 28, Feb. 4, 11

(Snow Date is Feb. 18) (New 10 week session this year!!)

Please pre-register through this

link- <https://forms.gle/oczt8p7mtVgFWTeP7>

Fee: \$20.00 for residents, \$25.00 for non-residents (no pro-rations) Pre-registration is required.

Registration deadline is November 19th at Demo night. Please bring your own paddle and wear sneakers.

Please mail your registration to The Barkhamsted Recreation Department- Attention Donna Bastrzycki- Recreation Director 67 Ripley Hill Road, Pleasant Valley, CT 06063 or bring your payment to the Free Demo night on Wed. November 19, 2025

To learn more about Pickleball visit-

https://www.pickleballcentral.com/Pickleball_Videos_s/204.htm

Mark Your Calendars!

Barkhamsted Rec. Ski Program 2026



Children in Grades 3-6 will enjoy a fun night of skiing at Ski Sundown with the Barkhamsted Recreation Dept! All registration forms must be completed and paid for by **Friday, October 24 at the Halloween Dance.** (Please register on time to help ensure a safe and fun program. Important-The program requires one total check by the town to be made out to Sundown. All registrations must be complete by 10/24/2025 in order for everything to be submitted to Ski Sundown on time. **Chaperones and volunteers are essential in order for this program to be possible. We ask again this year parents ski with their children if possible and children must be accompanied by a parent/caregiver/helper while at Sundown.** Please email Donna Bastrzycki at barkhamstedrec@barkhamsted.us if you can also help out as a volunteer or chaperone by Wed. November 19. Thanks.

Where: Ski Sundown

Age Group:

3rd - 6th graders

When: Wednesday afternoon for 5 weeks (after school) (January 7, 14, 21, 28, Feb. 4 backup day will be Feb. 11 if needed. We will add on weeks if School is canceled or

there is an early release from school.) (If there is no school or an early release then we will not have the Ski program that day and the program will be extended)

Time: 4:00 till 7:00 (with one hour lessons starting AT 5:00 p.m.)

ANY LATE REGISTRATIONS AFTER October 24 will have to be added on at Ski Sundown and there is an additional \$25.00 late fee paid directly to Ski Sundown and \$5.00 late fee to The Town of Barkhamsted. There are NO guarantees that space will be available after the deadline. Last year they did not accept registrations after the deadline Please register before October 25 to ensure your child's spot. **Ski Sundown asked us to have a firm deadline with not many add or changes. Please be sure to carefully fill out your child's form with their Ski Level and info.** *Helmets

are required! Please mark and label your children's skis and equipment. Locks are strongly recommended. (Prices below include bus and snacks on the last night) **All**

Parents and Children must attend the on-line the Ski Sundown Safety Meeting

We will be sending the final pricing with forms to the school the week of October 6th.

Fee: Lesson and Lift + bus: \$385.00 Lift Only + bus: \$250.00

Pass Holder Lesson + bus: \$245.00 Equipment Rental: \$151.00 (this is in addition to the ski prices- either lesson, lift and bus, Pass holder lesson and bus or Lift only and bus.)

(The above price includes transportation to Ski Sundown and snack bags on the last night of the program and treats during the program) (Parents/Caregivers drive their children home from Ski Sundown. Parents/Caregivers are encouraged to attend each of the weeks and ski or help watch their children ski outside/ Please consider this is an outdoor focused program before registering. You can register at the Halloween Sock Hop and bring all of your paper work and check there if you wish!) (Ski forms will be distributed to the Barkhamsted Elementary School and will be available at Town Hall after Oct. 6.)

Please make checks out to the Town of Barkhamsted and fill out the both the Recreation Department Registration form and Ski Sundown Forms completely. Forms will be available at the Barkhamsted Elementary School and Town Hall during the week of October 9-13 will be on the town website and will be emailed to you directly if requested. Please email- barkhamstedrec@barkhamsted.us for more info.

Please note for all programs that are held in the Barkhamsted Elementary School, If there is no school or an early release then we will not have the program that day and the program will be extended if possible) The Halloween Dance will be held rain or shine. Once you are registered, you will be on the guest list!

Please register before the deadline for all programs to help ensure safety and your spot. Forms can be either mailed or dropped off at the outside mailbox at Barkhamsted Town Hall-67 Ripley Hill Road-Barkhamsted, CT 06063

**Mark Your Calendars- Christmas in Riverton will be December 5-7,
2025**



Municipal Fact Sheet

Gas Cylinder EPR Program

for Connecticut Residents

Connecticut's extended producer responsibility (EPR) law for gas cylinders passed in 2022 CT Public Act 22-27 and 2024 CT Public Act 24-133. For more State of CT information on EPR, go to <https://portal.ct.gov/deep/p2/product-stewardship/product-stewardship>

Implementation of this EPR law begins October 1, 2025

What gas cylinders are included in the law?

Any nonrefillable or refillable cylinder supplied to a consumer for residential use with flammable pressurized gas, helium or carbon dioxide, of sizes with a water capacity between .5 lbs and 50 lbs including, but not limited to, seamless cylinders and tubes, welded cylinders and insulated cylinders intended to contain helium, carbon dioxide or flammable materials such as propane, butane or other flammable compressed gases.

Stewardship Organizations

There are multiple stewardship organizations for cylinders. These organizations will provide free collection and processing of covered cylinders for municipalities.



The Cylinder Collective (TCC) Collects

- Refillable propane gas cylinders sold and supplied into Connecticut, up to, but not including 20 lb. tanks for BBQ grills.
- Non-refillable propane, isobutane, butane and helium cylinders (with a water capacity between 0.5 to under 50lbs) sold and supplied into Connecticut.
- Residential generated cylinders ONLY.

Other DEEP approved programs for gas cylinders:

Sodastream -refillable CO2 cylinders
Roxanne Parker, 800-727-1835
sodastream.ordersusa@pepsico.com

Propane Gas Association of New England (PGANE) -
20lb. propane tanks for BBQ grills
Gary Haines, 888-445-1075; gary@pgane.org
pgane.org/safetyandtraining/tankrecycling/

Types of Cylinders	
	Non-Refillable
	16 oz Propane
	14 oz Fuel Torches (Propane, MAPP)
	Helium
	4 – 16 oz Isobutane
	5 – 8 oz Butane
	Refillable
	under 20lb propane (20 lb. Tank collected by PGANE program)

Unacceptable Cylinders:



- Industrial, commercial and institutional
- Oxygen, refrigerants, acetylene, hydrogen, ethylene, nitrous oxide, and foam adhesives.
- Cylinders that are punctured through use
- Fire extinguishers
- Water capacity of under 0.5 lbs or over 50 lbs

Questions?

Contact TCC's CT Coordinator at
860-412-4399
kimorourke@cylindercollective.org
www.cylindercollective.org



HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

Saturday, November 8th, 2025 | 9:00 AM - 2:00 PM

Torrington Water Pollution Control Facility, 252 Bogue Rd, Harwinton CT

WHAT TO BRING:

- Paints/Stains/Varnishes
- Paint Thinners & Strippers
- Wood Preservatives/Turpentine Resins & Adhesives
- Polishes for furniture, wood, & metal
- Cleaners for rugs & upholstery
- Cleaners for ovens, toilet bowls, & drains
- Swimming pool chemicals
- Pesticides, Herbicides, Insecticides, Fungicides
- Flea & Tick Powder
- Moth Balls
- Spot Removers
- Dry Cleaning Solvents
- Lighter Fluids
- Septic Tank Degreasers
- Engine Degreasers
- Waste Fuels (Kerosene, Gasoline)
- Carburetor Cleaners, Brake Fluids Transmission Fluids
- Car Waxes
- Non-empty Aerosol Cans
- Rubber Cement, Airplane Glue
- Photo Chemicals, Chemistry Sets Hobby/Artist Supplies
- Rechargeable Batteries
- Household Batteries
- Mercury Thermostats, Thermometers Antifreeze
- Smoke Detectors
- Fluorescent Bulbs
- Propane Tanks (1 and 20 pound)



WHAT NOT TO BRING:

- Electronics such as computers, DVD players, etc.
- Motor Oil
- Auto Batteries & Tires
- Ammunition
- Fireworks and other explosives
- Pharmaceuticals and other Medical Waste
- PCB Capacitors
- Radioactive Materials
- Unknown gases
- Controlled Substances
- Pathological Material
- Empty Aerosol Cans



You must have a ticket to participate.

**Contact your Town/City Hall for a ticket
to this event OR Scan Here:**



Participating Towns: Barkhamsted | Canaan/Falls Village |
Colebrook | Cornwall | Goshen | Hartland | Harwinton |
Litchfield | Morris | New Hartford | Norfolk | North Canaan |
Salisbury | Sharon | Torrington | Winchester



YOUR VOICE. YOUR VISION.
YOUR SCHOLARSHIP.

Connecticut Public Middle and High School Students:

WHAT'S COOL ABOUT LOCAL GOVERNMENT?

Tell us and you could win a \$1,000 scholarship!
Plus, this year's winner will be invited to stay overnight
and attend the awards luncheon at Mohegan Sun!

All entries are due by Friday, October 10, 2025



Connecticut Conference
of Municipalities



Scan to learn more:



[https://www.ccm-ct.org/
Resources/LoCoolGov-
Youth-Scholarship](https://www.ccm-ct.org/Resources/LoCoolGov-Youth-Scholarship)



Save the date...November 8, 2025

9 AM to 2 PM

Holiday Fair

Pleasant Valley United Methodist Church

Medicare Open Enrollment

Schedule A One-on-One Counseling Session to Review
Your Health Care Plan for 2026

Presented by **SHIP/CHOICES**
Helping You Make Sense of Medicare

Monday, November 10th
Barkhamsted Senior/Community Center
109 West River Road
Pre-Registration is Required

CHOICES Counselors Can HELP YOU:

- REVIEW YOUR COVERAGE OPTIONS
- COMPARE PLANS AND COSTS
- ENROLL OR MAKE CHANGES
- ANSWER MEDICARE QUESTIONS



Get your questions answered by trained
CHOICES counselors.
This is a **FREE** session.

TO REGISTER
CONTACT DON STEIN
@860.605.7380



NATURE RANGERS CLUB



Calling All Budding Naturalists!

Hello from the Nature Rangers Club, a program for preschoolers where little ones are introduced to the world of nature. Each month we feature a species of local flora and/or fauna found here in our beautiful Northwestern Hills. Blending art & science, sessions include ecological tidbits reinforced with an associated storybook reading, arts & crafts and more.

Please come join us!

DATE & TIME

October 15th @ 10:30 am

LOCATION

Hartland Public Library
61 Center Street
West Hartland, CT 06091

*Sponsored by North Woods Land Conservancy
Graciously hosted by the Hartland Public Library*

Registration required at dcnaturerangers@gmail.com
Children must be accompanied by parent/guardian at all times