

# Town of Barkhamsted

## Weekly Town Email

November 13, 2025

### **Town Hall News and Information**

Town Hall offices will close at 12:30 on Wednesday, November 26th and Wednesday, December 24<sup>th</sup>.

Please click the link below to view a recent news interview with a local, family run farm:

[The Stead Farm: A Greener World Certified: Raising Animals Humanely ...](#)

### **Fall/Winter Public Safety Reminder from the Road Crew Foreman**

For everyone's safety, please do **not** blow leaves, plow snow, or place trash cans in the roadway. Your cooperation helps keep our roads safe and allows the Road Crew to do their job efficiently.

*The Road Crew appreciates your cooperation!*

### **Getting Help with your Heating Bills**

During the fifth annual Heating Assistance Awareness Month this November, Barkhamsted is partnering with Eversource to raise awareness of the programs available to help pay or lower heating bills, and keep homes warm this winter.

If you or someone you know is struggling to keep up with their energy bills, now is the time to get assistance this winter heating season. There is a plan for everyone, including:

#### **Connecticut Energy Assistance Program (CEAP):**

- Apply to **get up to \$645** towards your heating bill from CEAP. Apply for CEAP online at [CT.gov/heatinghelp](http://CT.gov/heatinghelp) or through your local Community Action Agency (CAA). Find your local CAA at [211.ct.org](http://211.ct.org) or call 211.

#### **Energy Efficiency:**

- Take advantage of Eversource's energy efficiency programs, incentives, and tips to help you save money and reduce your overall energy use during the colder months. Renters need permission from their landlords to participate.

**Winter Protection:**

- If you provide proof of qualifying household income or public assistance benefits you receive for at least one household member, your service cannot be shut off between November 1 and May 1.

To find the right options for you, visit [eversource.com/billhelp](https://eversource.com/billhelp) to learn more about these programs. You can also find your local CAA for assistance at 211ct.org or call 211.

Please help us raise awareness by sharing this important information with family, friends and neighbors. Let's work together to lower your heating bills and stay warm this winter.

Sincerely,

Nick Lukiwsky  
First Selectman

### **Community/Senior Center News & Events**

We are collecting food for the Community Food Bank in Barkhamsted. We did a great job last week filling a large box with donations from many people. With the uncertainty on the availability of government help for those in need, it is extremely important that those who can help, contribute what they can, even if it is a small amount. The food bank is at the Pleasant Valley Methodist Church and does a great service for those in need. Check their Facebook page for their operating hours.

Now that winter is approaching, please stay warm and join us this week for lunch and breakfast.

LUNCH - 12:00 noon – Tuesday, November 18th – Garden salad, Shepherd's Pie, Peas, Pineapple upside down cake.

BREAKFAST – 7:30 am – 9:00 am – Thursday, November 20 – Cooked to order, as usual - your choice of eggs anyway you prefer, bacon, sausage links or patties, ham, pancakes, French toast, waffles, home fries, hash, fresh fruit, juices and more

As always, meals are \$5.00 – additional donations are always welcome. Gluten-free options are also available, so please let us know if those dishes are something you would like or need.

Tai Chi continues Mondays and Wednesdays at 11:30. The turnout has been great, and the instructor will continue the classes as long as there is interest. Tai Chi is great for improving flexibility, reducing pain, and improving your gait. If you have the time, try it out (the fee is \$5 per class).

Exciting news:

- Tuesday, December 9, 12:00 Noon – we will hold our Christmas party at the Log House. They are holding the price at \$27, including the taxes, and the Senior and Community Center is covering the tip. Based on this, the cost to those who attend will be the same as last year. The menu is also the same. Please see the attached flyer for details – we expect that it will be just as much fun as last year.

Here are the upcoming activities:

Thursday, November 20 - Weeders and Readers is a group that meets during the Spring/Summer months as a garden club and during the Fall/winter it becomes a book club. Meetings are the last Thursday of the month beginning at 9.30. a.m. Their next meeting will be on November 20, to avoid a conflict with Thanksgiving. For further information, please call/text Lorna Delaney (860) 379-6419.

Friday, December 12 (please note that I had the wrong date in last week's newsletter) - 6:30 PM, the Traveling Trout will be at the Senior Center for their monthly concert and jam session, again a very enjoyable activity for all who attend. Please note that they will not be playing in November due to Thanksgiving and that they will start at 6:30 on the 12th.

If you would like to hold a crafts or other activity or conduct an exercise class, please let me know. If you have ideas for events or programs you would like to have us schedule, please reach out to me and I will work to get them on the calendar.

Also, I plan to set up a Facebook page for the Senior and Community Center, so you will be able to get all the weekly news there. I will continue to post it on Barkhamsted Town Chatter, and on the Barkhamsted Seniors and Town Facebook pages.

That is it for today. I hope everyone has a good week.

Don Stein, Senior/Community Volunteer Director



**GOOD CITIZEN AWARD NIGHT - NOV 19, 2025 - 7 PM BARKHAMSTED COMMUNITY ROOM**

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## **Good Citizen Award and Scholarship**

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The DAR Good Citizen Award and Scholarship Contest recognizes and rewards the qualities of a good citizen. Students selected by their high school demonstrate Dependability, Service, Leadership and Patriotism in their school and community.

One high school student in the senior class is chosen by their school and that student receives a Good Citizen Pin, Certificate and Monetary Award.

The high schools in the Brooks-Green Woods Chapter Area are:

- The Gilbert School
- Lewis S. Mills High School
- Northwestern Regional 7 High School
- Oliver Wolcott Technical High School
- Torrington High School



Northwestern Regional 7  
Theatre presents

# Sense & Sensibility

By Kate Hamill based on the novel by Jane Austen



[bit.ly/4qGphjx](https://bit.ly/4qGphjx)



**Friday, Nov 21 at 7:00 pm**  
**Saturday, Nov 22 at 7:00 pm**  
**Sunday, Nov 23 at 2:00 pm**

**100 Battistoni Drive, Winsted**

Adults-\$12, Students/Seniors-\$10, Under 5-\$8, Sunday Senior Discount -\$8

# Sponsor A Thanksgiving Basket



Give an entire basket to a family this Thanksgiving \$60.00

OR

Sponsor a half basket \$30.00



Make checks payable to: PVUMC Community Food Bank

P.O. Box 181

Pleasant Valley, CT 06063



Food Bank  
Donation  
Drop Off  
on Sat. 12/6

Breakfast with Santa sponsored by  
**Barkhamsted Women's Club**

# Join us for **BREAKFAST WITH SANTA** & Little Elves

Gluten-free  
pancakes  
available upon  
request

Saturday, December 6  
Barkhamsted School  
8:00 a.m. - 10:30 a.m.

Ticket prices:  
Adults = \$9.00  
Children:  
ages 3 - 12 = \$5.00  
ages 2 & under = Free  
(Under \$30 for a family of 4)

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## Get a **PHOTO WITH SANTA**

Breakfast with Santa is sponsored by the Barkhamsted Women's Club. We're a non-profit group supporting the community (i.e. 2 - Yearly Barkhamsted Scholarships, Community Food Bank, Books for Kindergarteners, British Tea Party, Mother's Day Flower Sale, Flowers for the Town Signs & barrels, etc.).

Meetings are the 2nd Wednesday of every month. The club is open to all women 18 years and older. For more information, please call Lynn Keselis @ 860.212.2465 or Karen Martin @ 860.508.9767.

# **Sign Up For Fun Fall Programs With The Barkhamsted Recreation Department**



## **Fall/Winter Pickleball Session 2025/2026**

**Fall Pickleball Free Demo Night** will be held on Wednesday, November 19 from 6:00-9:00 p.m. in the Barkhamsted Elementary School gym. Come down and check out what the fun is all about! Please wear sneakers and bring a Paddle if you have one. Players from the past sessions are encouraged to come and help the new players enjoy the sport that night and also get some play time on the courts before our fall/winter session begins. Participants can also register that night for fall program. The demo night is FREE!

It is time to get off the couch and join us for the very fun and new Pickleball Fall/Winter Session. All levels and abilities are welcome. This fun sport combines many elements of tennis, badminton and ping-pong. You will get great exercise and have a blast.

Day-Wednesdays

Location-Barkhamsted Elementary School Gym

Time-6:00-9:00 p.m. (this program is for adults (**high school students are also welcome**))

**Dates- November 19th-Free Demo Night from 6:00-9:00 p.m.**

**November 19, December 3, 10, 17, January 7, 14, 21, 28, Feb. 4, 11**

**(Snow Date is Feb. 18 ) (New 10 week session this year!!)**

**Please pre-register through this**

**link- <https://forms.gle/oczt8p7mtVgFWTeP7>**

Fee: \$20.00 for residents, \$25.00 for non-residents (no pro-rations) Pre-registration is required.

Registration deadline is November 19<sup>th</sup> at Demo night. Please bring your own paddle and wear sneakers. Please mail your registration to The Barkhamsted Recreation Department- Attention Donna Bastrzycki-Recreation Director 67 Ripley Hill Road, Pleasant Valley, CT 06063 or bring your payment to the Free Demo night on Wed. November 19, 2025



To learn more about Pickleball visit-

[https://www.pickleballcentral.com/Pickleball\\_Videos\\_s/204.htm](https://www.pickleballcentral.com/Pickleball_Videos_s/204.htm)

## **Before Thanksgiving Holiday Hike with Hot Apple Cider, Hot Chocolate and Cookies! (Fun for the whole family)**



Join us as we hike up to the beautiful Beaver Brook Marsh Boardwalk trail in Peoples State Forest at 1 p.m. on Saturday, November 22. Get ready for the Thanksgiving holiday by spending time with friends, exercising and enjoying our beautiful forest surrounded by the beautiful Wild and Scenic Farmington River as we hike to the Beaver Brook Boardwalk Marsh Trail and enjoy a fun afternoon. Please dress appropriately with proper gear. This will be a moderately strenuous hike but well worth it. It will be held rain or shine! Families are welcome. We will also enjoy a "Pot Luck" snack together as we take a break at the beautiful Boardwalk and at the end of the hike. Please bring water and your favorite "pot luck" snack. We will also provide individually packaged desserts and hot chocolate/cider. Please Register by Monday, November 17 from this link-

<https://forms.gle/qVAXdqm9wD63h3aP7>

This hike will be led jointly by the Barkhamsted Recreation Department, Farmington River Steward and FALPS. Please meet at the parking area on East River Road at bottom of Greenwoods Road (near the gate) (The road that leads up to the Stone Museum) at 1 p.m. on Saturday, November 22. **(Note-it is hunting season, if you can wear orange or a bright colored jacket it is recommended)**

Depending on the group size/level of difficulty we may split up into two groups and have a few different options for length of the hike/walk.) (The full hike will be approximately 3.5-4 miles)

**Mark Your Calendars- Christmas in Riverton will be December 5-7, 2025**



# Tai Chi for Balance

Comes to the  
Barkhamsted Senior Center!

First Class FREE (after that, it's \$5 per class)

The "Tai Chi for Balance" classes currently being taught in the Canton and Burlington Senior Centers will start an additional class at the Barkhamsted Senior Center. It consists of exercises from QiGong and Tai Chi Chuan.



Easy-to-follow exercises for  
Movement, Walking and Balance to:

Improve flexibility ~ Reduce pain ~ Walk gracefully again

These classes meet Mondays and Wednesdays,  
11:30-12:30  
beginning Wednesday, Oct 22nd.

\$5 per class paid in person to the instructor... BUT the first class is FREE.  
(October 22nd only)

Wear comfortable clothing and footwear that you can move safely around in.  
(Note - with apologies, this is not a chair exercise class.  
Everything is done standing up.)

Your instructor, Joe Gardner, has studied Tai Chi Chuan since 2010. I currently teach "Tai Chi for Balance" at the Canton and Burlington Senior Centers as well as a more advanced class in Yang Style Tai Chi Chuan at Peoples State Forest.

Come join us Wednesday, October 22nd at 11:30am  
at the Barkhamsted Senior Center

(Friends with YYTA -  
Yin Yang Tai Chi Academy)



Did I mention, the  
first class is free?



LEARN TO PLAY BRIDGE!

# BEGINNER'S BRIDGE CLASS

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**DATES: 4 CONSECUTIVE TUESDAYS**

**JANUARY 6<sup>TH</sup> - 27<sup>TH</sup>**

**TIME: 1:00 TO 3:00 PM**

**LOCATION: BARKHAMSTED COMMUNITY ROOM IN THE TOWN GARAGE BUILDING,  
33 NEW HARTFORD RD (RT 44) BARKHAMSTED**

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This class is for new players or those who want to refresh their skills. You will learn the basics and the current standards of play. The cost is \$40 for the 4 sessions which includes your lesson book, payable at the first class. Repeat students are free. After completing the class, you will be welcome to join our Barkhamsted Bridge Club and play each week for free.

**All are welcome!**

**To Register or for questions, call Linda Pulford at**

**860-558-1747**

**Or email: [neoalinda@gmail.com](mailto:neoalinda@gmail.com)**