

Town of Barkhamsted

Weekly Email

March 26, 2026



From the Desk of Meaghan Cook, First Selectman

This week begins with some truly happy news and a heartfelt thank you to our neighbors, our ACO and the dedicated DEEP officials, with great knowledge of the Tunxis and Enders State Forest area.

After 22 days on the move from her home in Torrington, beautiful Bijou has finally been reunited with her family. So many of us have been following along, watching the late-night home camera sightings as Bijou moved, countless miles, from town to town and hoping for her safe return.

On Wednesday, I met a volunteer in Enders Forest operating a drone who believed Bijou was close, and just a few hours later, she was safely captured thanks to what many are calling the incredible tracking and hunting skills of our local DEEP officer.

Thank you to everyone who helped in any way, big or small, to bring this story to such a happy ending.

As we celebrate this good news, a quick reminder for everyone in the area: the bears are waking up and beginning their seasonal mischief. If you left food out to help lure or support the search for Bijou, please retrieve it, if possible. It has served its purpose and can now, unintentionally, attract wildlife that are naturally out foraging.

In other local news, our town-supported Farmers Market, located at the Town Garage, 33 New Hartford Road, is beginning to sprout plans for a new season. Efforts are underway to help it blossom and grow again this year, and applications for vendor spots will be available soon. Stay tuned for more details!

Here's to a safe, connected, and thriving community as we head into the new season. 🌱

• don't feed the
BEARS •

[Stanclift Cove Employment Opportunities](#)

The Stanclift Cove Authority is accepting applications for several positions this summer, including:

- Supervisors/Staff Members (\$22/hr)
- Level 1 Lifeguards (Starts at \$18/hr)
- Level 2 Lifeguards (Starts at \$20/hr)
- Groundskeeper (part-time, \$22/hr)

What's the difference between Level 1 and Level 2 Lifeguards?

Level 1 Lifeguard Job Responsibilities:

- Supervises swimming activities at the aquatics facility and ensures that policies, guidelines, and safety procedures are followed.
- Warns swimmers of improper activities or danger and enforces Cove regulations and water safety policies.
- Administers first aid in the event of injury, rescues swimmers in distress or danger of drowning, and administers CPR and/or artificial respiration, if necessary.
- Evaluates conditions for safety and initiates aquatics emergency action plan as required.
- Inspects beach, equipment, and water to ensure that they are safe and usable.
- Supervises and assists in cleaning and raking the beach, managing equipment
- Participate in safety drills

Level 2 Lifeguard Job Responsibilities:

- All of the above Level 1 responsibilities, **plus:**
- **Teaches swimming lessons under the direction of the Waterfront Director**
****Required for level 2**
- **Additional leadership roles (safety drills, scheduling, mentoring, etc.) as needed from the Waterfront Director **Required for level 2**

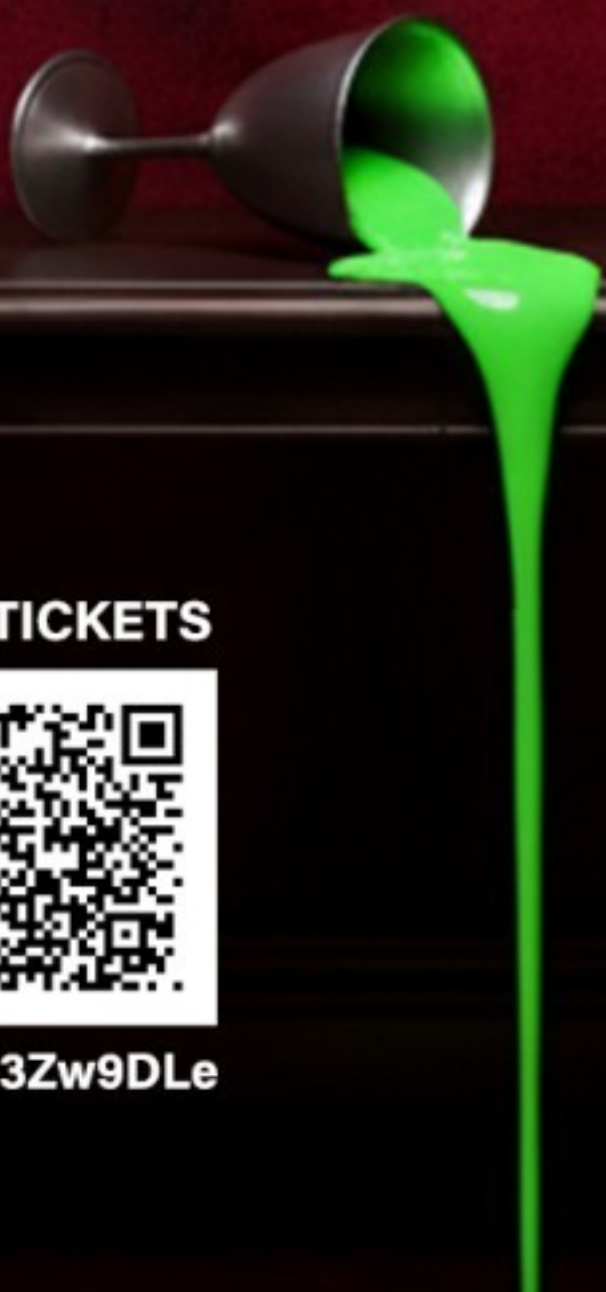
If interested, visit stancliftcove.com and download an application. You can return the application via this email or send it as traditional mail to the New Hartford Town Hall (address is on application). **The due date for applications is April 1st**, but the sooner you can send it in the better. Be sure to send in all relevant certifications with your application. If you have any expired certificates, let us know, and we will work with you to get them updated. If you are interested in becoming certified, please state that in your application.

NORTHWESTERN REGIONAL #7
HIGH SCHOOL THEATRE

The
Addams
Family
MUSICAL



2026



GET TICKETS



bit.ly/3Zw9DLe

MARCH 27 ~ 7:00 PM
MARCH 28 ~ 7:00 PM
MARCH 29 ~ 2:00 PM

100 BATTISTONI DRIVE, WINSTED

MDC Annual Watershed Inspections to Begin

Property inspections will take place in the towns of Barkhamsted, Hartland, New Hartford, Burlington, Canton, Harwinton, Torrington, Winsted, Avon, Simsbury, Bloomfield and West Hartford

(HARTFORD, CT) – The Metropolitan District (MDC) announced it will begin conducting its state-mandated annual watershed sanitary survey and inspection program beginning this week. The purpose of the program, which will continue through November, is to prevent contamination of the MDC’s drinking water supplies as a result of septic system failure, erosion, runoff, and other potential pollutants.

Routine watershed sanitary surveys are required by Section 19-13-B102 (b) of the Connecticut Public Health Code.

Property inspections will take place in the towns of Barkhamsted and Hartland on the Barkhamsted Reservoir watershed; in New Hartford, Burlington, Canton, Harwinton, Torrington and Winsted on the Nepaug Reservoir watershed; and in the towns of Avon, Simsbury, Bloomfield and West Hartford on the West Hartford and Reservoir No. 6 watersheds.

Routine field inspections take only a few minutes and will be conducted by MDC’s Watershed Inspector who carries appropriate MDC identification and drives an authorized MDC vehicle. The Inspector does not enter homes; the inspection is limited to the exterior portions of the real property. In 2025, the MDC inspected 1004 watershed properties.

If a violation or an issue is detected, it is reported to the property owner and health officials as required by law. Property owners may receive more information by contacting the MDC Watershed Management Unit, Barkhamsted Water Supply Division at 860-278-7850 extension 3120.

A video short on the watershed program is available on the MDC’s YouTube channel.

<https://www.youtube.com/watch?v=U3GuWA8V9dk>.

Contact:

Nick Salemi
860.278.7850 Ext. 3211
nsalemi@themdc.com

About MDC: MDC is a nonprofit municipal corporation chartered by the Connecticut General Assembly in 1929. The MDC provides water, wastewater treatment and other services to its member towns: Bloomfield, East Hartford, Hartford, Newington, Rocky Hill, West Hartford, Wethersfield and Windsor.

Senior/Community Center News

Once again, spring refuses to spring forward, but the atmosphere in our Senior and Community Center is warm and welcoming. As always, everything is home-cooked, and breakfast is cooked to order just the way you want it (at least we hope so).

Schedule of events and meals:

LUNCH – Tuesday, March 31 – 12:00 noon – Chicken Parmesan, salad and dessert

BREAKFAST – Thursday, April 2 – 7:30 – 9:00 – cooked to order, as usual -- your choice of eggs any way you prefer, bacon, sausage links or patties, ham, pancakes, French toast, waffles, home fries, hash, fresh fruit cocktail, orange juice and more.

As always, meals are \$5.00 – additional donations are always welcome. Gluten-free options are also available, so please let us know if those dishes are something you would like or need. We also try to accommodate other dietary restrictions for those who cannot eat certain foods.

Here are the upcoming activities:

Monday, March 30 and Wednesday, April 1 – 11:30-12:30 – Tai Chi – The classes are \$5 and are held Monday and Wednesday each week. Feel free to join us even if you have never tried it. I can vouch for the fact that it really helps your flexibility and balance. It is focused on seniors who are beginners, so none of us needs to worry about looking like an amateur.

Friday, April 10 - 11:00-2:00 - Craft Day with Northwestern Regional 7 Students. Snacks and supplies will be provided and you should bring pictures you want to use for collaging. A flyer is attached and there is a sign-up sheet at the Center.

Friday, April 10 - 6:30 - the Traveling Trout will be back for their monthly jam sessions for 2026. Everyone is welcome to join in, admission is free (although donations are welcome), and the music is lively. If you want to sing along, you are more than welcome. Please join us for a really great evening out.

Tuesday, April 21 - 6:00PM - we will have our monthly Trivia night. These continue to be great successes thanks to Bob and Linda Pulford. Everyone is welcome whether you are part of a team or come by yourself. We always have room for individuals to join a table even if you are new to the group or the game.

I also have met with Irene Connole, who is the Director of Helping Hands Chore Service in Winsted. Helping Hands provides essential non-medical support to help seniors and those with disabilities maintain their independence and quality of life in their own homes. If you want more information, please check their website (<https://helpinghandschoreservice.org/>).

I also received a flyer (attached) from the Western CT Area Agency on Aging intended to help individuals better understand the differences between Original Medicare and Medicare Advantage. The goal is to provide clear, accessible information that can support our community

in making informed healthcare decisions. If you have Medicare Advantage questions, please reach out to Chelcy Htoo - Choices Support Staff, Western CT Area Agency on Aging, 84 Progress Lane, Waterbury, CT 06705,

Phone: (203) 757-5449 Ext. 141, **Email:** chtoo@wcaaa.org.

Rich Madara will be taking a hiatus from his computer classes while he works on selecting additional topics of interest. Please let me know about anything else electronic or related to computers or cellphones with which you would like to get help. The folks who have sat in on the classes will tell you that they have been extremely informative and I look forward to when he is back to help folks with their computer and phone needs.

I am still waiting to hear back from the Barkhamsted School librarian about the plans for the 5th grade class and their plans for an event with the seniors.

If you would like to hold a crafts or other activity or to have an additional exercise class, please let me know. If you have ideas for events or programs you would like to have us schedule, please reach out to me and I will work to get them on the calendar.

As I have mentioned, we are still collecting food for the Community Food Bank in Barkhamsted. It is extremely important that those who can help, contribute what they can, even if it is a small amount. The food bank is at the Pleasant Valley Methodist Church and does a great service for those in need. Check their Facebook page for their operating hours. Their Facebook page is <https://www.facebook.com/profile.php?id=61551048540688>. They are open every other week on Monday and Thursday. This week, they are closed, but will be open on Monday, March 23 from 4-7 PM and on Thursday, March 27 from 2-4 PM.

Let's hope we are done with snow for the year, but please remember: if school is delayed, has an early dismissal or is cancelled, or if we think that conditions are too dangerous, the Senior Center will be closed. Any programs or meals scheduled will be cancelled or postponed. Please look on the town Facebook page or the Barkhamsted, Ct Senior page for notifications, or watch your favorite local tv station to see what is happening with the local schools.

That's it for today. Please stay safe. Feel free to reach out to me if you need assistance and I will do whatever I can to help or get help from the Town.

Don Stein





Craft Day

BY NWR7 STUDENTS

APRIL 10, 11-2

SNACKS AND SUPPLIES WILL BE
PROVIDED

BRING PICTURES YOU MAY WANT TO
USE FOR COLLAGING



See you there!

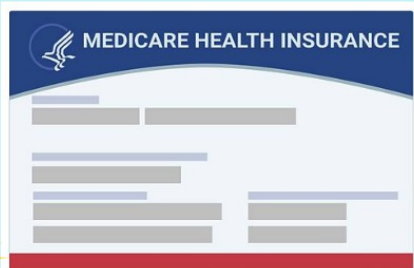




Understanding Medicare

COMPARING YOUR OPTIONS

ORIGINAL MEDICARE VS. MEDICARE ADVANTAGE



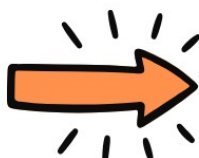
ORIGINAL MEDICARE (PARTS A & B)

- Managed by the Federal Government
- Covers Part A (Hospital) & Part B (Medical)
- Use any doctor or hospital that accepts Medicare (nationwide)
- No prescription drug coverage (needs a separate Part D plan)
- Has deductibles and co-insurance
- Medigap: An optional add-on you can buy to cover the 20% gap
- Does not cover vision, dental or hearing



MEDICARE ADVANTAGE (PART C)

- Offered by private insurance companies approved by Medicare
- Combines Parts A, B, and usually D (Prescription Drugs)
- Often requires using a network of doctors and hospitals (HMO or PPO)
- Many plans include prescription drug coverage (MAPD)
- Costs may include co-payments and different deductibles/coinsurance
- Includes a limited on annual out-of-pocket costs
- Often includes, vision, dental, and hearing. Other benefits as well



Any Question?
Call: 203-757-5449 option 4
Email us info@wcaaa.org



SHIP
Navigating Medicare

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$577,233 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.



Northwest Conservation District's

EARTH DAY

Plant Sale

April 24th - 26th, 2026

Fri - Sun, 9 AM - 4 PM @ the Goshen Fairgrounds

Pre-Orders Due by April 15

Via mail or at www.nwcd.org/shop



**NORTHWEST
CONSERVATION
DISTRICT**
www.nwcd.org



Celebrating America's 250TH

Barkhamsted & Area - Events & Programs

For more information contact Erica Dyndiuk at 860 379 8285

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>	<u>TIME</u>	<u>CONTACT</u>
April 10	BHS Program- Historic Union Church	Greenwood Glass Studio	7:00 PM	Barkhamsted Historical Society
April 18	Revolutionary War Trivia Contest	Little Red Barn, Winsted	6:00 PM	Barkhamsted Historical Society
April 18	Painted Chair Auction	Senior/Community Ctr	1:00 PM	250th Committee
April 24	Tree Dedication	Bark. Elementary School	TBD	250th Committee
May 8	Return of the Noble Residents	Senior/Community Ctr	7:00 PM	Barkhamsted Historical Society
June 6	Town Wide Picnic and Drone Show	Bark. Elementary School	3:00 PM	250th Committee
June 12	History of the Riverton Ball Field	Senior/Community Ctr	TBD	Barkhamsted Historical Society
June 26	Historic Bus Tour – Saville dam/hollow	Starts at Peoples State Forest	10:00 AM	Barkhamsted Historical Society
July 4	Lion's Club 4th of July Parade	Pleasant Valley	10:30 AM	Lions Club
ONGOING	Red/White/Blue Flower Contest	Townwide	-----	250th Committee
July 4	National Bell Ringing	Nation Wide	2:00 PM	250th Committee
Oct 3	First Oval Office Project	Litchfield	9 – 3	

The following pages are programs and events taking place in and around Barkhamsted

What Do YOU Know???



Revolutionary War Trivia Night at the Little Red Barn Brewery!

The Barkhamsted Historical Society and Winchester Historic Commission invite you to find out! Questions for many, prizes for some, a good time for all! Everyone (even that irritating know-it-all who bores you still at parties) is welcome. Have a drink and a laugh while you test your knowledge of our country's history!



Little Red Barn Brewery
32 Lake Street, Winsted CT 06098
Saturday, April 18, 2026, 6 - 8 P.M.



For more information, contact: Hamish.lutris@ctstate.edu

Cemetery Clean Up

Join us for a
Day of Service

*Commemorating the 250th anniversary of the
founding of the United States of America!*



*Bring rakes, shovels, gloves!
We will provide the rest!*



*Saturday, April 18, 2026, 10AM - 1PM
Center Cemetery, Park Place West, Winsted
Sponsored by the Winchester Historic Commission and
Soldiers' Monument Commission*

Litchfield County HOMEFRONT in the Revolutionary War & signing of Peter Vermilyea's new book, Litchfield County in the Revolutionary War



Co-sponsored by Brooks-Green Woods Chapter, DAR &
Harwinton Historical Society

Presented by: Peter Vermilyea

Sunday, April 19 @ 2:00 PM

Harwinton Town Hall- Bentley Drive

Fighting the American Revolution was an enormous and complicated undertaking.

Litchfield County towns needed to:

- *raise troops to meet their quotas for the war
- * furnish supplies for the army
- * combat the epidemics that swept communities in the wake of the armies and meet additional needs

Doing so unleashed revolutionary forces in the county that would lead to major societal changes after the war.

We are thrilled to welcome back popular presenter **Pete Vermilyea!** Pete is a local historian, and teacher at Housatonic Valley Regional High School and the University of Connecticut. Peter is passionate about doing history and instilling that desire in all, fueling others own intellectual moxie. He is on the board of the Litchfield Historical Society and is the author of several books including Hidden History of Litchfield County and Litchfield County and the Civil War. Peter writes and speaks about the lasting significance of our county's history.

***The program is free and open to the public.**

AMERICAN MURAL PROJECT



The Battle of Monmouth, June 1778. Source: The U.S. National Archives

AMERICA250 | HISTORY TALK

Women of the American Revolution

Sunday, April 26 | 1–3pm

Historian Hamish Lutris presents a fascinating illustrated talk on some of the women who played significant and often-hidden roles in the American Revolution. *Admission is FREE.*

*Sponsored by Brooks-Green Woods Chapter,
Daughters of the American Revolution.*



AMERICAN MURAL PROJECT
90 Whiting Street, Winsted CT
Learn more and register:
americanmuralproject.org

