

Durham Community Center Our Week-at-a-Glance



Office Hours: Monday-Friday 8:30 am – 4:30 pm

Center Open M-F evenings and Saturday based on programming & bookings

***Use this link [Durham Rec Program Registration](#) for Recreation Department Programming listed in red.**

Use this Link [Senior Happenings](#) for more detailed Senior Citizen activities.

Call/Email for INDOOR PICKLEBALL availability & reservations:

860-894-7837 chavrda@townofdurhamct.org

Monday July 13, 2026

9:15-10:15 am **Tai Chi Chuan Class with Richard MONDAYS***

11:00-1:00 pm **Senior Congregate Lunch**

2:00-4:00 pm **Community Center-Youth Summer Session 26***

7:00-9:00 pm **Private Meeting**

7:00-9:00 pm **Coginchaug Devils Youth Football & Cheer Meeting**

7:00-9:00 pm **Public Hearing Board of Selectmen-Charter Revision Draft**

Tuesday July 14, 2026

9:00-11:00 am **Knit2gether Knitters**

10:00-11:00 am **Walking Club**

11:00am-12:00pm **Pain Management Workshop sponsored by Durham Human Services**

2:00-4:00 pm **Mahjong***

2:00-4:00 pm **Community Center-Youth Summer Session 26***

Wednesday July 15, 2026

11:00 am-12:00 pm **Arthritis Class Spring 26 with Marcy***

11:00 am-1:00 pm **Senior Congregate Lunch**

11:30 am-12:30 pm **Blood Pressure Clinic**

2:00-4:00 pm **Community Center-Youth Summer Session 26***

6:00-8:30 pm **Handmade Hangout**

6:00-7:30 pm **CBC Sunset Hoops**

7:00-9:00 pm **Private Meeting**

Thursday July 16, 2026

10:00 am-2:00 pm CT Blood Center BLOOD DRIVE sponsored by Durham Human Services

10:00-11:00 am **Walking Club**

12:45-1:30 pm Mobility for Life with Jenn Summer 26-Thursday*

2:00-4:00 pm Mahjong*

2:00-4:00 pm Community Center-Youth Summer Session 26*

12:30-4:00 pm **DMYFS Homeschool Cooking & Nutrition Class**

6:30-8:00 pm 'Fishers of CT' Speaker Sponsored by COEC & Recreation

6:00-8:00 pm **Allyn Brook Park Concert MIDDLETOWN SYMPHONIC BAND**

Friday July 17, 2026

8:00am-11:00 am **Middlesex EMS Meeting**

9:15-10:15 am Tai Chi Chuan Class with Richard FRIDAYS*

12:30-4:00 pm **Bridge**

2:00-4:00 pm Community Center-Youth Summer Session 26*

SAVE THIS INFORMATION & THESE DATES!



**Pain Management
Workshop**

Tuesday, July 14

11:00AM

Durham Community Center Gym

Paula Accomando, Licensed Physical Therapist, and Jennifer Gawlak, Fitness Trainer, will guide participants through practical strategies to better understand why pain can persist, common recovery mistakes that often make things worse, and simple movement techniques that can improve strength, flexibility, and mobility at any age. Attendees will leave with actionable tools and a clearer plan to help them stay active and independent for years to come.

To sign up call or email:

(860) 349-3153

mperry@townofdurhamct.org





Durham Community Center

Thursday, July 16
10:00am - 2:00pm

Room 3
144 Pickett Lane, Durham



Scan to schedule
an appointment

Join us to donate and be entered to win
two round trip ferry tickets to Block Island
plus a Ballard's gift card

800.283.8385 • ctblood.org

Prepare to donate

- 1 Eat well and hydrate
 - 2 Bring a photo ID
 - 3 Feel good and symptom free
 - 4 17+ Must be 17+ or 16 with parental consent form
 - 5 Meet minimum weight requirements
- For full eligibility requirements and COVID-19 information, visit ctblood.org/eligibility



CUPCAKE FLOWER CLASS W/SHERYL



JOIN NOW!

July 21st 6:30-8:00PM @
Durham Community Center

Register:
www.durhamct.recdesk.com



NEW! Third Wednesdays Each Month! Handmade Hangout* 6-8 pm Flyer

SUMMER MUSIC LESSONS WITH MR. FISHER REC DESK SIGN UP LINK

**Senior ONLINE Cardio Zoom Exercise Classes with Sue Schade Mon, Wed, Fri 9-10am 'Active'
or 10-11am 'Chair' Email Sue to Sign up: sschade@choate.edu**

Fishers of Connecticut

Thursday, July 16th
6:30 pm
Durham Community Center
144 Pickett Lane, Durham



Fishers are a widely misunderstood native mammal. A good number of fishers from the Durham/Haddam area are being tracked as a part of an ongoing DEEP study. Come learn more about this large member of the weasel family; an alert and secretive predator of rodents, not fish. This program will be presented by CT DEEP Wildlife Biologist Paul Benjunas, and it is a joint event of the Coginchaug Outdoor Enrichment Center and Durham Recreation.

This event will be held in the cafeteria of the Durham Community Center, at 144 Pickett Lane. All ages are welcome, but we ask that those under 16 attend with a responsible adult.

This event is free, but registration on Durham RecDesk is required.



Summer Playground Camp Registration Ongoing for Session 2! ONLY A FEW SPOTS LEFT IN SOME GROUPS. Go to Durhamct.recdesk.com to access sessions for sign up. Questions please contact: Brian at bmedeiros@townofdurhamct.org.



Durham America250 Upcoming Events!



[Town of Durham America250 Committee Webpage](#)

[Durham Historical Society Durham America250 Events](#)

[Durham America250 Facebook page](#)



For more Durham Community Center information please visit our [DCC Full Web Page](#)

Recreation Director- Brian Medeiros 860-894-7836 bmedeiros@townofdurhamct.org

Social Services Coordinator- Morgan Perry 860-349-3153 mperry@townofdurhamct.org

Office Manager- Carolyn Havrda 860-894-7837 chavrda@townofdurhamct.org



Visitors, kindly check-in at the Reception Area.

