

Durham Community Center Our Week-at-a-Glance



Office Hours: Monday-Friday 8:30 am – 4:30 pm

Center Open M-F evenings and Saturday based on programming & bookings

***Use this link [Durham Rec Program Registration](#) for Recreation Department Programming listed in red.**

Use this Link [Senior Happenings](#) for more detailed Senior Citizen activities.

Call/Email for INDOOR PICKLEBALL availability & reservations:

860-894-7837 chavrda@townofdurhamct.org

Monday August 17, 2026

9:15-10:15 am **Tai Chi Chuan Class with Richard MONDAYS***

11:00 am-1:00 pm **Senior Congregate Lunch**

2:00-4:00 pm **Community Center-Youth Summer Session 26***

7:00-9:00 pm **DDTC Subcommittee Meeting**

7:00-9:00 pm **Private Meeting**

Tuesday August 18, 2026

9:00-11:00 am **Knit2gether Knitters**

9:30 am-12:30 pm **Safe Sitters Grandparents/Caregivers Refresher Course**

10:00-11:00 am **Walking Club**

2:00-4:00 pm **Mahjong***

2:00-4:00 pm **Community Center-Youth Summer Session 26***

6:30-8:00 pm **Durham America250 Meeting**

Wednesday August 19, 2026

11:00 am-12:00 pm **Arthritis Class Spring 26 with Marcy*** **CANCELLED THIS WEEK ONLY!**

11:00 am-1:00 pm **Senior Congregate Lunch**

11:30 am-12:30 pm **Blood Pressure Clinic**

2:00-4:00 pm **Community Center-Youth Summer Session 26***

6:00-8:00 pm **Handmade Hangout*** **Flyer**

7:00-8:30 pm **FOCUS-Coginchaug Soccer Booster Club Meeting**

7:00-9:00 pm **Private Meeting**

Thursday August 20, 2026

10:00-11:00 am **Walking Club**

12:45-1:30 pm **Mobility for Life with Jenn Summer 26-Thursday***

2:00-4:00 pm **Mahjong***

2:00-4:00 pm **Community Center-Youth Summer Session 26***

6:00-8:00 pm **Allyn Brook Park Concert Kings of Karma**

Friday August 21, 2026

8:00-11:00 am **Middlesex EMS Meeting**

9:15-10:15 am **Tai Chi Chuan Class with Richard FRIDAYS***

12:30-4:00 pm **Bridge**

2:00-4:00 pm **Community Center-Youth Summer Session 26***

SAVE THIS INFORMATION & THESE DATES!

Senior ONLINE Cardio Zoom Exercise Classes with Sue Schade Mon, Wed, Fri 9-10am 'Active'

or 10-11am 'Chair' Email Sue to Sign up: sschade@choate.edu



Wednesday August 26th LUNCH & LEARN Fall Prevention 12 Noon

Sign up on the sign-up sheet at the CC or contact Morgan: 860-349-3153

or mperry@townofdurhamct.org

FREE Chronic Disease Self-Management Workshops begin September 10th 9:30 am



FREE Chronic Disease Self Management Workshop

Take Control

Feel Better

Energize

Live

Enjoy

Join this 6-week workshop and learn how to better manage your ongoing health condition!

We will learn about:

Healthy eating, physical activity and exercise, dealing with difficult emotions, decision-making and communications skills, working with healthcare providers, action planning, and more!

Meetings are 2.5 hours in duration, once a week for six-weeks beginning Thursday, September 10th, through Thursday, October 15th.
9:30 am - 12:00 pm

Durham Community Center, Room 2
144 Pickett Lane

To register, please call (860) 349-3153.

We need at least 8 folks to run the class (maximum of 16).



Friday September 11th Durham Fair Info & History Luncheon 12-2 pm



Third Wednesdays Each Month! Handmade Hangout* 6-8 pm Flyer



Durham America250 Upcoming Events!



[Town of Durham America250 Committee Webpage](#)

[Durham Historical Society Durham America250 Events](#)

[Durham America250 Facebook page](#)

Get your coins or pins NOW before the final batch is sold out!



For more Durham Community Center information please visit our [DCC Full Web Page](#)

Recreation Director- Brian Medeiros **860-894-7836** bmedeiros@townofdurhamct.org

Social Services Coordinator- Morgan Perry **860-349-3153** mperry@townofdurhamct.org

Office Manager- Carolyn Havrda **860-894-7837** chavrda@townofdurhamct.org



Visitors, kindly check-in at the Reception Area.

