

Received 9/18/25

1:30 PM Jodi Moore, ATC

## **DURHAM SENIOR CITIZENS BOARD**

**SEPTEMBER 17, 2025**

**1:15 PM**

### **DURHAM COMMUNITY CENTER**

**Call to order:** The meeting was called to order by Lainy Melvin at 1:15 PM.

**Roll Call:** In attendance: Chairperson Lainy Melvin, Vice Chairperson Norm Hicks, Diane Coe, Simone Howe, Carol Kleeman, Doug Marden, Jim Martinelli, Bev Pedersen, Coleen Sturken, Recreation Director Brian Medeiros, Social Services Director Morgan Perry, Rosemarie Bartholomew, Secretary.

**Approve agenda:** Motion to approve the agenda as presented was made by Norm Hicks and seconded by Simone Howe. All in favor. **Motion passed.**

**Approve minutes of 6/25/2025:** Motion to approve the 6/25/25 minutes as presented was made by Diane Coe and seconded by Simone Howe. All in favor. **Motion passed.**

## **REPORTS**

### **Social Services:**

- Renters Rebate and Energy Assistance programs are now active.
- Food Pantry is a little low. Protein based donations are especially needed.
- Know Your Medicare Options will be presented 9/30 at 5:30. It is an unbiased and informational presentation through the CHOICES program. Registration required.
- AARP Safe Driving Class will be held on 10/21 from 9:00-1:00. Insurance discount is available for those 60+ upon successful completion of the class. Registration required.
- Vaccine clinics (flu, COVID, pneumonia, RSV, shingles) are scheduled for 9/23 12:00-6:00 at the Community Center and 11/4 from 8:00-12:00 at the Durham Town Hall. No appointment necessary.
- Blood Drive 11/10 from 9:00-3:00 in front of Town Hall. Appointment suggested, walk-ins taken as the schedule allows.
- Session 2 of the Life Planning series will be held on 10/9 at 6:00 at the Durham Community Center. The topic is Essential Planning for Life's Unexpected Challenges. Registration required.
- Towns United through Meals and Mentoring (TUMM) will bring seniors and chefs together to teach youth how to prepare a meal. The meal will then be served to

the community. The event is the first Thursday of each month at 5:30 and will alternate between Durham and Middlefield community centers. The first one is 10/2 at 5:30 in Durham. Registration required for a maximum of 60 participants.

Registration for programs can be made through Morgan Perry at 860-349-3153 or at [mperry@townofdurhamct.org](mailto:mperry@townofdurhamct.org).

### **Recreation:**

- The final two summer Farmers Markets will be held Saturday 9/20 and 10/4 outside the Community Center.
- We are looking for a new cardio drumming instructor.
- Class schedule:
  - Monday 9:30-10:30 Tai Chi
  - Tuesday 9:30-10:30 Gentle Flow Yoga (starting 9/30), 12:45-1:30 Mobility for Life
  - Wednesday 11:00-12:00 Arthritis
  - Thursday 11:00-12:00 Zumba, 12:45-1:30 Mobility for Life (starting 10/2)
- Zumba numbers are down. The program will be reassessed in late November.

### **Food Services:**

- Bev requested to purchase a 20 qt. double boiler for \$127 to keep soups hot without burning. Norm Hicks moved that \$150 be allotted for the purchase of the double boiler that Bev selected. Diane Coe seconded. All in favor. **Motion passed.**
- Upon further discussion, the need for two double boilers was discussed due to the two soup options at lunch. Diane Coe moved to purchase a second double boiler, Simone Howe seconded, all in favor. **Motion passed.**
- A bill for \$24.95 was presented for an electric can opener that was purchased.

### **Finance Report:**

- Bills to be approved:
  - Robin Heath, flag collection box, \$134.17
  - June secretary bill, \$80

Diane Coe moved to approve the above expenditures, Bev Pederson seconded, all in favor, **motion passed.**

- No financial report.

### **Bridge:**

- Jim reported that Bridge has gained three new members. Players are becoming quite competitive. There were 5½ tables last week. There will be no bridge the Friday of Durham Fair weekend.

### **OLD BUSINESS**

- The Fire Safety Program will be held at lunch on Friday 10/10. Two soups (suggestions are chicken, minestrone, Italian wedding), salad (make ourselves), bread (Durham Market), and a sheet cake decorated with a fire truck (Big Y) will be served. Will they have anything to hand out to attendees? Carol suggested we buy 2 smoke detectors for drawing prizes. Diane suggested asking Ocean State Job Lot for a donation of smoke detectors/fire blanket/fire extinguisher. Carol will ask them.

### **NEW BUSINESS**

- Karen Cheney would like to come to discuss voting and voter information. Proposing Wednesday, 10/8 at lunch. This allows her to present before Early Voting begins.
- Brendan Rhea suggested a "Senior Prom". Bev suggested incorporating it into the 250th celebrations next year. Simone suggested Contra dancing. The idea was tabled for now.
- November Veterans Luncheon Program Friday 11/14. Lainy contacted Bob Francis, chair of the American Legion and Brendan Rhea Jr, chair of VFW. Both are willing to come and speak. Diane Coe said Carol Schilling has a list of local veterans for the Durham Fair Veterans parade. Lainy would like to invite local veterans to lunch and pin a red carnation on each veteran to thank them for their courage. Bev suggested sandwiches & chips with a "Thank You for Your Service" flag cake.
- The December program will be a pot-luck luncheon with the high school jazz ensemble for entertainment.
- Lainy spoke to Dr. Good about doing a Birding program in January.

There being no further discussion, a motion to adjourn was made by Diane Coe and seconded by Simone Howe. All in favor. **Motion passed.** The meeting adjourned at 2:05 PM.

The next meeting will be held on Wednesday, October 22 at 1:15 PM at the Durham Community Center Library.

Respectfully submitted,  
Rosemarie Bartholomew  
Secretary