

December 12, 2023

- Meeting called to order 07:15PM
 - Gary moved, Priscilla second
- Attendance
 - In person: Gary, Priscilla, Maria
 - On Phone: Jill & Matt
- No school liaison report
- Approval of Minutes from November 14, 2023
 - Priscilla move, Maria second, unanimous approval
- Treasurer's Report (Jill)
 - Currently 10,428.71 in account
 - Since last meeting, only invoice paid was \$25.00 to Dog & Pony for some website updates
- 2024 Meeting Cadence
 - If not set 30 days ahead of January meeting, need to have special meeting
 - Tuesdays are the preference, 7 is the preferable time for all – Gary to submit and send out dates of second Tuesdays
 - Need to find a better solution for zoom/google meet calls – can we use a personal account for meetings? Relying on Denise to start meeting can be unreliable – can we get a host code?
- WCC Grant Filing: Update
 - \$3k+ is on the way/coming from Western CT Coalition (grant)
 - Opportunity with Western CT Coalition to apply for Opioid Grant (\$5k – can spend however)
 - Need to have solid idea of what to spend it on – Priscilla and Jill to brainstorm
 - Need to find out deadline
- Choose Love Movement next steps
 - Gary contacted Debby Dove (Litchfield Health & Wellness) – she wanted to have meeting in November with Patrick Carrigan (program manager for Choose Love Foundation)
 - Purpose of meeting: can what they do fit into what we need/what we're already doing
 - Meeting is trying to be scheduled by EOW 12/22/2023
- WCC Meeting Update
 - Vaping Quit Kit
 - Quit Kit handout for students (with info and resources), tobacco tracker, candy, stress ball/fidget, rubber bands, toothpicks, Chapstick
 - Gary thinks we can get something like this in at the high school
 - Can we create a QR code that goes to a downloadable image with resources (info, number to text, etc.)? Kids won't carry around a physical card
 - Does the high school have monitors/TVs that we could add a flyer to the scrolling announcements with the QR code?

- Gary to send out info sheet and we can review/send feedback
- Surveys for Parents and Schools
 - Origin history – family member alcoholism, mental, behavioral, etc.
 - Figure out where the best need for prevention is, problem spots, how we can better help the community and make resources more available
 - Need a group of adults like a juvenile review board to help assist us in pushing initiatives like this
 - Could we make a presentation and talk to Region 20 board?
 - Survey needs to be run during academic year
 - Bringing more people into the conversation is beneficial
 - Can Terzian be our liaison to the board?
- Membership Update: Fill Vacancies, Secretary Position
 - Kerry volunteered for Secretary – needs to go through board interview
- Website Development/Postings
 - Priscilla – we need to push our site & resources using social media.
Recommended Doug Clements for social media management
 - Priscilla to reach out to Doug to come talk to the council
- Narcan Training
 - Historical Society is all in on wanting to run a Narcan training for non-profits with us – Emma (liaison from WCC) to do presentation
 - Spring 2024, ideally April
 - All Litchfield non-profits that have guests in their institutions (library, historical society, Litchfield health & wellness) – staff need at least one person trained and available Narcan
 - Unsure who picked up the Narcan the group ordered from the state
- Planning Events With Parent Groups
 - Would coordinate with family game nights (Litchfield Community Center)
 - Vaping, Problem Gambling, Suicide Prevention, Self-Harm, Teen Dating Violence/Healthy Relationships, Internet Safety, etc.)
 - Caroline (library) is interested and would like to help – she's run events with the PTO group in this field before
- Films – coordinate with NM and Robert Kwalick for screening/events and panels
- Pamphlet/Flyer Display
 - We have permission to put up pamphlets/flyers throughout the annex building for spreading awareness and allowing for anonymous taking
 - Priscilla volunteered to rotate out the information
- Meeting adjourned 08:11PM
 - Priscilla motion, Maria second, approval unanimous