

Tips for Connecting with Your Loved Ones

Ways to Reach Out

- **Call during off-peak hours** (early morning or late evening) for a better chance of getting through.
- **Send a text message**—texts often go through even when calls don't.
- **Check social media** (Facebook, X, etc.)—your loved one may have posted an update.
- **Send an email** if you know their address.
- **Reach out to friends or relatives** who may have already spoken with them.
- **Contact familiar places**—neighbors, employers, schools, places of worship, senior centers, social clubs, unions, or fraternal organizations.
- **Try mailing a letter**—their mail might be forwarded to their new location.

If your child has been relocated from their school or daycare,

- **Contact the facility** directly for updates.
- **Check your phone, email, and text** messages regularly.
- **Reach out to any emergency contacts** you listed when registering your child—like Grandma, a neighbor, or a close friend.
- **Connect with other Parents** whose children are in the same Class / School

Need Extra Help?

If you're trying to locate someone who lives with you and is:

- **A child**
- **Elderly**
- **Has a medical condition or disability**

Please visit [redcross.org](https://www.redcross.org) or call **1-800-RED-CROSS** for additional support.



American Red Cross