### SHERMAN SENIOR CENTER FREQUENTLY ASKED QUESTIONS NOVEMBER 16, 2025

The proposed Sherman Senior Center ("Center") represents a significant step forward in meeting the evolving needs of our town's residents. As we approach a referendum to secure funding for this new facility, careful planning and clear communication are essential.

This FAQ document addresses common questions about the project's purpose, process, management, and anticipated benefits. This document will be updated as new information or questions arise.

#### **Table of Contents**

Definitions	1
Revision History	]
-AQ Index	2
FAQ	3

#### **Definitions**

The following terminology is used:

Center ...... Proposed Sherman Senior Center at Colonial Park
Committee ...... Sherman Senior Center Building Committee
Project ...... Sherman Senior Center Building Project
Senior Center .... Existing Sherman Senior Center at Old Town Hall

#### **Revision History**

DATE	SUMMARY OF CHANGES (grammar and formatting changes are not	
	listed and not reflected as a changed FAQ)	
August 1, 2025	Initial Release	
August 29, 2025	Added Committee email address, Town Forum dates, information on	
	aging in Connecticut, links and QR code to webpages and proposed	
	building drawings, grammar and formatting (which is not reflected	
	as a changed FAQ)	
September 29, 2025	Date changes, clarifications, new questions and statistics	
October 9, 2025	Location change for Oct 25 Info Forum	
November 16, 2025	Added the estimated tax impact per year (FAQ #18) and What is the	
	vote, where and when (FAQ #20), postal mailing (FAQ #24)	

#### FAQ Index (clicking on Question will bring you to the FAQ)

	FAQ	REVISED
1.	What is this project and how did it come about?	
2.	How is the project managed?	Aug 29
3.	What is the name of the building?	Sep 29
4.	What is the mission of the Senior Center?	Aug 29
5.	How is the Senior Center staffed?	
6.	What services does the Senior Center offer?	
7.	How well is the Senior Center attended?	Sep 29
8.	What's wrong with the Senior Center?	
9.	Why do we need a new Senior Center now?	
10.	What is the senior population of Sherman?	Aug 29
11.	What gaps will the Center fill?	
12.	Where will the Center be located?	Aug 29
13.	Can you describe the building?	Aug 29
14.	Who is providing professional services?	
15.	What are the key benefits of the Center?	Sep 29
16.	Why is Social Services staying in its current location?	
17.	What is the timeline for the project?	Aug 29
18.	What is the cost of the project?	Nov 16
19.	How can I donate to project?	New Sep 28
20.	What will we be voting on in the December referendum?	Nov 16
21.	What will become of the Old Town Hall?	New Sep 28
22.	How will energy conservation be considered for the project?	New Sep 28
23.	Will you come back asking for more money after the referendum?	New Sep 28
24.	Where can I get information on the project?	Oct 9

#### FAQ

	QUESTION	ANSWER			
1.	What is this Project and how did it come about?	The need for a new Senior Center was identified by engaged residents who saw that the current facility no longer provides adequate space or amenities for Sherman's growing senior population.		residents who saw that the current facility no longer provides adequate space or amenities for Sherman's growing senior	
		An informal group formed to research the issue, collect requirements, and explore potential locations. In May 2023, the Sherman Senior Building Committee ("Committee") was formally established to carry the project forward.			
		The new Center is envisioned as more than a replacement for the existing Senior Center: it will serve as a hub for community activities, meetings, and programs, benefiting residents of all ages.			
2.	How is the Project managed?	The Committee manages the project:			
		<ul> <li>Leadership: Chairperson, Karen Cardillo and Vice Chair, Carol Sperling</li> </ul>			
		<ul> <li>Members: Frank Barta, Tim Beatty, JodiAnn Eure, Laura Jagodzinski; Joan Laucius, Don Lowe, and Dave Seegers</li> </ul>			
		Their mission is to thoughtfully plan, design, and oversee the development of a welcoming, accessible, and sustainable facility that meets the evolving needs of our senior population and general community. We are committed to creating a vibrant community space that fosters social connection, wellness, lifelong learning, and inclusive engagement for our valued community members and our seniors for generations to come.			
		The Committee can be reached via email <a href="mailto:SSCCBC39@gmail.com">SSCCBC39@gmail.com</a> The Committee engaged professional firms, whose representatives participate in meetings:			
		<ul> <li>Architect: Maura Newell Juan AIA, Managing Principal Architect, Seventy2 Architects</li> </ul>			
		<ul> <li>Construction Manager: Charlie Van Zanten, Executive Vice President, Hawley Construction Company</li> </ul>			

3.	What is the name of the proposed building?	We are building this facility to replace our inadequate Senior Center, and serve as a hub for community activities and meetings, benefiting a wide range of ages and organizations in Sherman such as Scouts, Parks and Rec, Sherman Ensemble. It will provide expanded capacity and more opportunities for community engagement, enrichment and intergenerational involvement. It is The Sherman Senior Center; naming it otherwise could imply features beyond the project's scope and budget.	
4.	What is the mission of the Senior Center?	The Senior Center is housed in the historic old Town Hall. The mission of the Senior Center is to improve quality of life for adults age 55 and older and disabled adults by providing a variety of programs, activities and trips for recreation, education, and health and wellness.  Click <a href="https://example.com/here">here</a> to access the Senior Center Page  The FY23/24 Senior Center Annual Report can be viewed on the Senior Center <a href="https://webpage">Webpage</a> . Click <a href="here">here</a> to link directly to the document.	
5.	How is the Senior Center staffed?	<ul> <li>Coordinator, Suzette Berger, 30 hours per week</li> <li>2 van drivers share 25 hours per week</li> <li>2 activity assistants share 22 hours per week</li> <li>Volunteers provide clerical help, office assistance, run activitie and many programs are only possible through volunteers.</li> </ul>	

### 6. What services does the Senior Center offer?

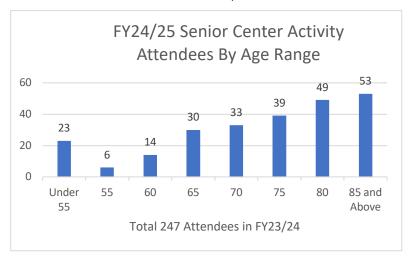
The Senior Center offers Programs & Events as well as other services:

- **Fitness and Heath**: group exercise, chair yoga, Tai Chi, Health/Wellness programs, Blood Pressure Screenings, Health Assessments
- Entertainment: Live Music, Holiday parties, Monthly Birthday Party, Trips (movies, shows, etc.)
- Classes and Games: computer, crafts, brain games, Bingo Wii Bowling, Cornhole, Bridge Club, Pinochle Club
- Shopping: Weekly/Monthly trips to Sherman town center, New Milford, Danbury
- Events: Breakfast at American Pie, Weekly Lunch, Guest Speakers, Intergenerational programs with the Sherman School
- Services: appointments for Tech Help and Probate Judge, cooling and warming center, educational forums, advocacy, transportation for all trips, most events and other instances, referral services, guest speakers

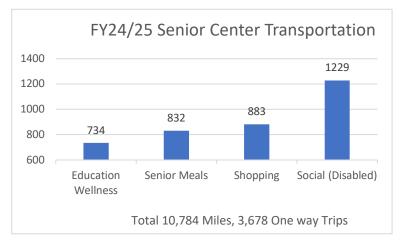
### 7. How well is the Senior Center attended?

The Senior Center is well attended. Stats for last fiscal year include:

- 3-5 activities offered each day Monday thru Friday
- 25-35 clients attend per day, with Wednesday the busiest averaging 41 clients
- Annual attendance was over 6,700 which is an 8% increase from prior fiscal year
- 247 individuals attended activities, an 8% increase



- 45% of attendees were over the age of 80 (up 4%); and may they require accommodation in transportation, registration and program design
- Transportation vehicles logged 10,784 miles, 3,678 one-way trips (up 8%)



 1,631 meals were provided through weekly lunch and twice weekly Senior Dine discounted breakfast at American Pie.
 Increase of 23%.

## 8. What's wrong with the current Senior Center?

Inadequate parking on site: There are 2 handicap and 5 regular designated spots which are shared with the Historical Society and Social Services. Inconvenient parking leads to seniors leaving and despite a crosswalk on RT 37, distracted driving makes it dangerous for staff, volunteers and clients to cross the road. The single lane driveway can be blocked by emergency vehicles, forcing seniors to walk down the road to meet caregivers or causing delay in their departures.

Inadequate space: There are only two bathrooms, no private space for confidential services such as health screenings or counseling, and storage space is in the attic which is accessed via a crawl space in Coordinator's office. There is no outdoor activity space. Unlike other Senior Centers, particularly during Covid, Sherman can not offer outdoor programs such as yoga which today are provided via trips.

**Unprofessional environment:** The single office is inaccessible to seniors due to steep stairs to access it, resulting in confidential conversations occurring in open spaces that can be overhead.

## 9. Why do we need a new Senior Center now?

**Growing Senior Population:** Sherman's senior population is increasing, in line with national and local trends (See FAQ #10). The Center needs to accommodate more people now and in the future. As seniors live longer and more independently demand for social, wellness, and support services is higher than ever.

**Health, Wellness, and Social Connection:** The Center plays a critical role in preventing isolation, which is linked to physical and mental health issues. Access to fitness classes, nutrition programs, mental health support, and health screenings can reduce emergency services and long-term healthcare costs.

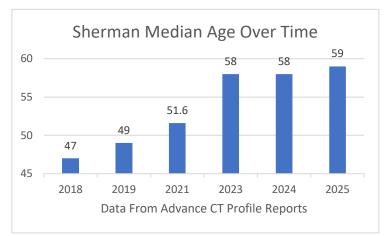
**Community Value:** A vibrant senior center enhances Sherman's quality of life, attracting families and retirees. It fosters intergenerational engagement, making it a true community asset.

# 10. What is the senior population of Sherman?

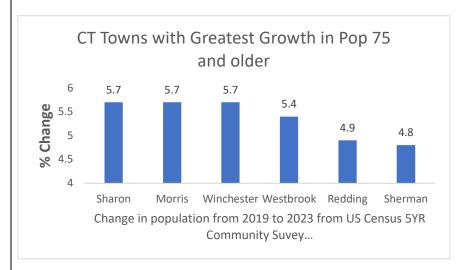
Population 60 years or older

- 53.7% of Sherman households
- 33% of Sherman population; 25% of Connecticut population

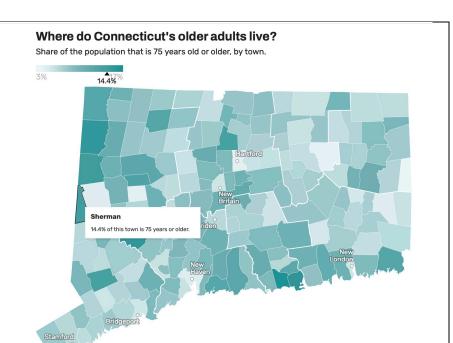
Median Age of Sherman is 59, and Connecticut is 41



According to the CT Insider Magazine August 10, 2025 issue, Sherman is the 6<sup>th</sup> fastest aging town with over half the towns experiencing growth in their population of residents 75 and older between 2019 and 2023. ctinsider.com



Overall, the older adult population (75 years or older) is greatest around the northwestern border and the eastern coast of the state. CT overall is  $\sim$ 8%.



Map: Victoria Stavish • Source: U.S. Census Bureau

#### 11. What gaps will the Center fill?

A modern center will offer concurrent activities, diverse programming such as tech education, intergenerational activities, caregiver support, and legal aid clinics. It will

- Provide ample, convenient, and safe parking with emergency service access
- Ensure privacy for confidential conversations
- Provide patio space for convening in good weather and outdoor programs such as yoga, tai chi and music,
- Feature an expanded kitchen for events.

The Center will include a large meeting room to seat 60 people, adaptable meeting rooms for concurrent activities, efficient storage solutions, and sufficient bathrooms to support all occupants.

### 12. Where will the Center be located?

Over a dozen locations were considered including Volunteer Field, the Town Green in front of Mallory Town Hall, and what used to be the Schneckenberg house in the historic district.

The southwestern corner of Colonial Field was chosen as an ideal location. The location:

- Overlooks the Colonial Field soccer fields and looks out over the community gardens
- Offers ample parking, which is crucial for accommodating visitors and staff, as well as provides improved parking for the ball fields
- Is on Town owned land, simplifying logistics and reducing costs
- Has satisfactory topography for construction
- Is tucked away from the highway noise
- Is close enough to provide access to water for the town gardens.

The proposed building drawings (Elevation, Interior, Master, Location) can be viewed on the Senior Center Building Committee Webpage under Files and Documents.

## 13. Can you describe the building?

The conceptual design features a multi-functional 4250 square foot building with a 600 square foot portico and 2 large outdoor patios. The building is one story, slab on grade, super insulated, highly energy efficient and will have a backup generator. There are 5 handicap and 11 regular spaces in front of the building with an additional 18 spaces along the soccer field.

#### And inside:

Vestibule Large meeting room/event space

Waiting Area 3 Activity rooms

Reception Desk 2 Private offices

Expanded Kitchen Storage in all offices and rooms

Unfinished attic for storage,

3 Bathrooms accessed via staircase

The proposed building drawings (Elevation, Interior, Master, Location) can be viewed on the Senior Center Building Committee Webpage under Files and Documents.

# 14. Who is providing professional services?

#### Architecture:

<u>Services</u>: Design, construction documents, incorporating professional services for mechanical, electrical and plumbing, and serving as the owner's representative during construction to help ensure that the project meets the desired standards.

<u>Selection</u>: The Committee sent out a Request For Information and received responses from several architectural firms. After interviewing four firms, the Committee selected Seventy2 Architects for their experience, qualifications, creativity & innovation, project management, references, communications, fees, location and value.

<u>Seventy2 Architects</u>, locally based in Danbury and established in 2005, takes a hands-on approach. The firm's principals work directly on the project, and their location makes them conveniently accessible for meetings, town forums, and for on-site visits.

#### Construction:

<u>Method</u>: The Committee decided to engage a Construction Manager instead of a general contractor to help reduce construction costs and improve the schedule and quality of work.

<u>Services</u>: Manage safe and efficient construction respectful of budget and timeline, oversee site work and subcontractors, and suggest opportunities for value engineering.

<u>Selection</u>: The Committee interviewed all 3 respondents to a Request for Proposal. The Committee selected Hawley Construction Corporation, for their experience, project management, references, fees, location, schedule, safety, insurances, bonding and value.

<u>Hawley Construction Corporation</u>, established in 1969, is also locally based and takes a hands-on approach. The firm's principals work directly on the project, and their location makes them conveniently accessible for meetings, town forums, and on-site visits.

Additionally, Hawley successfully worked with the Town of Sherman on Mallory Town Hall, Sherman Playhouse and at the Public Works Facility.

### 15. What are the key benefits of the Center?

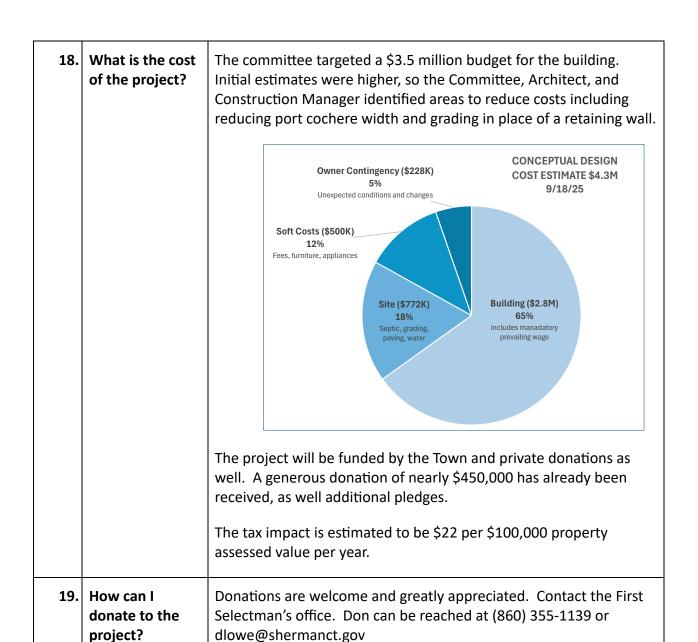
- Provides modern, accessible space and serves as a hub for community activities, meetings, and programs, benefiting residents of all ages
- Expanded access to health, wellness and social connections can help reduce emergency services and long-term healthcare costs
- Resolves the existing shortcomings with programming space, storage limitations, privacy, parking, and pedestrian and automobile access
- Serves as a flexible venue for meetings, events, and activities, benefiting a wide spectrum of residents.
- The spacious patio can be used most of the year for a wide variety of outdoor activities. Residents can enjoy a quiet spot to read or unwind, while the Center can host group fitness sessions. The Art Commission may organize painting workshops or hold seasonal art exhibits and sales here. Additionally, the Chamber Ensemble could present intimate concerts, receptions, or fundraising events. With its proximity to the warming kitchen, the patio is also ideal for catered occasions such as musical evenings, community meals, or other social gatherings.
- Funding the Center is an investment in Sherman's future, ensuring the town remains welcoming and vibrant for generations to come, making it a true community asset

## 16. Why is Social Services staying in its current location?

Maintaining privacy in Social Services is crucial due to the sensitive nature of its work. By ensuring a private working environment, Social Services can protect the confidentiality of its clients and provide a safe space for individuals to seek help. Staying in the existing building can allow these services to expand their operations without the need for physical relocation or building expansion.

## 17. What is the timeline for the project?

Planning Phase			
May 2023	Committee Formed		
Sep 2023	Interview architects		
Feb 21st	Town Meeting to approve up to \$76,225 for		
	pre-referendum Architectural Services		
Feb 2024	Engaged Seventy2 Architects		
Design and Consu	ultation Phase		
Aug 2024	Conceptual design		
Oct 2024	Cost Estimates (General Contractor Model)		
Mar 2025	RFP for Construction Management		
May 2025	Interview construction firms		
June 14th	Town Meeting to approve up to \$15,000 for		
	pre-referendum Construction Management		
	Services		
Jun 2025	Engaged Hawley Construction Corporation		
Aug 2025	Landing Page on Town Website		
Aug/Sep 2025	Project cost, construction timeline and		
	architectural drawings available		
Sep, Oct, Nov	Town Forums, see FAQ#24 for details		
Nov 22	Town Meeting		
Dec 6	Town Referendum		
Construction Phase (once referendum is passed)			
5 months	Complete construction drawings,		
(Spring 2026)	engineering		
12 months	Construction		
(Summer 2027)			



20.	What will I be voting on in the December referendum? Where and When can I vote?	What:  QUESTION 1:  "SHALL THE TOWN OF SHERMAN APPROPRIATE \$4,450,000 FOR THE PLANNING, DESIGN AND CONSTRUCTION OF A NEW SENIOR CENTER AT COLONIAL PARK AND AUTHORIZE THE ISSUANCE OF BONDS, NOTES OR TEMPORARY NOTES OF THE TOWN IN AN AMOUNT NOT TO EXCEED \$3,950,000 TO FINANCE THE APPROPRIATION, OR SO MUCH AS MAY BE NECESSARY AFTER DEDUCTING GRANTS TO BE RECEIVED FOR THE PROJECT?"  Where and when:  December 6, 10 am - 8PM in Charter Hall  Absentee ballot voting starting November 26, 9am – 4pm, except lunch 12 – 1, in the Town Clerk's office in Mallory Town Hall as follows: Tues, Nov. 5, Wed. Nov 26, Tues. Dec. 2, Wed. Dec 3, Thurs Dec.4, Friday Dec. 5.
21.	What will become of the Old Town Hall	It will continue to be utilized by social services and will also be utilized by Park and rec. The Old Town hall will continue to serve the public for groups, gatherings, and town entities in many of the same ways that it does today.

# 22. How is energy conservation being considered?

The Center will incorporate the latest building science as we consider not only the construction cost, but the lifetime cost of this building. Thermal insulation along with high efficiency mechanical units will have the largest impact on a building's carbon footprint and long-term utility costs. The building will meet or exceed requirements of the International Energy Efficiency Code and Connecticut State Building Code. For example:

**Wood Trusses** will be used to frame walls and roof. Wood is a renewable resource and uses less energy in the manufacturing, transportation and extraction processes compared to other building materials.

**TruExterior siding** uses over 70% recycled materials like polymers and fly ash.

**Windows** on the building will be thermally broken, double pane, insulated windows with Low E2 coating. By incorporating a thermal break into the window frame, the windows minimize heat transfer, keeping interiors cooler in summer and warmer in winter. Windows will be flashed and installed using the latest air barrier technology for energy efficiency and occupant comfort.

**Thermal Insulation** will allow for more efficient long-term function of the building.

**Electric heat pumps** reduce carbon emissions and energy consumption by transferring heat rather than generating it.

**LED lighting** will be used throughout, at the interior and exterior of the building, in convenience, aesthetic, and emergency fixtures.

**Plumbing**: High Efficiency Fixtures to be installed at each location.

**Paint**: Interior and Exterior paint can be low VOC.

Incentive rebates vary for solar panel technology and are subject to changes with government administrations and priorities. The payback timeline can be determined based on the cost of installation and the utility costs for a given building. We will investigate the financial viability of solar panels on the roof of this building and can design the roof trusses to accommodate future panels if they are not a good fit for the budget at this time.

# 23. Will you come back asking for more money after the referendum?

We are committed to stay within our budget. We budgeted approximately \$200,000 for unexpected conditions and changes. If after receiving construction bids, the cost exceeds budget we will further reduce features.

## 24. Where can I get information on the project?

Securing approval at a town referendum depends heavily on transparent communication and broad-based support. The following are available for more info:

• Town Website: The Senior Center home page



- **FAQs Document:** Address common questions about the project's purpose, process, management, and anticipated benefits. Updated as new information or questions arise.
- Public Information Sessions: Open forums for the community to view designs, plans, ask questions, and provide feedback. We chose different days and times to fit various schedules.

DATE	DAY	TIME	LOCATION
September 21	Sunday	2 - 3 PM	Charter Hall
October 25	Saturday	10- 11 AM	Charter Hall
October 29	Wednesday	7 PM	Zoom only
October 30	Thursday	Noon	Senior Center
November 16	Sunday	2 - 3 PM	Charter Hall

- Town Meeting: November 22 Saturday 10 AM Mallory Town Hall
- Newspaper: Selectman's monthly column
- Social Media: Facebook
- Email the Committee: SSCCBC39@gmail.com
- Your Mailbox: Mailing to Sherman postal address the week of November 16