


**Thomaston Senior Center**  
**158 Main Street**  
**Phone #860-283-4421 X225**  
**Website: [www.thomastonct.org/Senior-Council](http://www.thomastonct.org/Senior-Council)**  
**Thomaston Senior Gazette December Edition**  
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*Season's Greetings and Good Wishes*  
*For Health and Happiness in The Coming Year*



Meetings/Events:



**Dec. 4-Christmas Party Luncheon 12:00-Fairview Golf course Harwinton, CT. Last day to sign up is Nov. 13 see Fran for choice of meal if you would like to attend. Cost \$10.00.**



**December 11-12:00-Emma from Social Services would like to provide us with a luncheon at the senior center. Emma has put a sign-up sheet on the bulletin board.**



**Jan. 8-2:00 Meeting and we will have guest speaker Ami from the library.**

***Thank You***

We would like to thank everyone who cooked or brought a dish to our pot luck dinner. There was quite a variety and Donna Graham would like to put together a recipe book. If you would like to share your recipe with the group please give Donna a copy of your recipe.

**Sick/Deceased:** We would like to send condolences to the families of Becky Nelson and Elly Stammer who recently passed away. Linda Kelly & Patty Olivieri are recouping after a brief illness.

**Hospitality:** Donna will be putting up a new sign-up sheet for hospitality for the upcoming year. Please volunteer to help out with hospitality. There is a \$25.00 allotment available to use.



*Happy Birthday*

Gloria Abbott-Linda Debellis-Linda Geddes-Barbara Krol-Robert Lee-Chris Martin-Joan Mondak-Mary Rogozinski.

Happy Birthday to all of our December members.

## Monthly Activities:



Yoga is held every Monday 9:30. The next dates for yoga will be: 12/1, 12/8, 12/15, **No Classes 12/22 & 12/29**. Please contact Martha Carrejo at (Cell) 860-212-7462 if you have any questions. The grant money will end for yoga and has been paid up to December.



The pool room is active 2-3 days a week and is open to anyone including: friends, husbands and wives etc. and everything is good. Next dates are: Mon. 12/1, 12/8, 12/15, 12/22 & 12/29 2:00-4:00 Wed. 12/3, 12/10, 12/17, 2:00-4:00. John Dudonis is taking care of this activity.



Bowling will be now be on the 1<sup>st</sup> and 3<sup>rd</sup> Wed. of the month. The next dates are 12/3 and 12/17 at 12:15. The grant money will end for bowling and has been paid up to December. If anyone is interested in continuing with bowling next year the cost will be \$4.50 per game and everyone is welcome.



Bingo is played the 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month at 1:00. There will be no bingo on Dec. 4 as that is the day of our Christmas party, but will be played on 12/18. Rich Krantz is heading this up.

Cartoon of the month.

More tips to come in upcoming issues.

