

Thomaston Senior Center
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Thomaston Senior Gazette January 2026 Edition
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Happy New Year to Everyone



Meetings/Events:



Jan. 8-2:00 Meeting and we will have guest speaker Ami from the library.

Jan 22.- 2:00 Meeting

Sick/Deceased: We would like to send condolences to George Dino on the passing of his companion M. Frances Skerstonas who recently passed away. Lisa Tucker is home recovering after a brief stay in the hospital. And Stan Hurlburt was hospitalized and hope he has a quick recovery.

***Thank
You***

We hope that everyone enjoyed the holiday dinner at Fairview and would like to thank Sherry and John and their committee for a wonderful day.



Dues are now being collected starting on Jan. 8th and must be paid up my March 31. Cost is \$5.00 pp for the year. Please see Sherry to sign up for 2026 year.

Hospitality: Donna will be putting up a new sign-up sheet for hospitality for the upcoming year. Please volunteer to help out with hospitality. There is a \$25.00 allotment available to use.



***Happy
Birthday***

Layne Allison-Tim Hill-Laurie Pawlik-Clara Piotrowski-Mary Lou Picco-James Walker-Sandy Welch
Happy Birthday to all of our January members.

Monthly Activities:



NO yoga for the month of January. It will resume in February. Please contact Martha Carrejo at (Cell) 860-212-7462 if you have any questions.



The pool room is active 2-3 days a week and is open to anyone including: friends, husbands and wives etc. and everything is good. Next dates are: Mon. 1/5, 1/12, and 1/26. **NO Pool on 1/19** due to Martin Luther King Day 2:00-4:00 Wed. 1/7, 1/14, 1/21, and 1/28 2:00-4:00. John Dudonis is taking care of this activity.

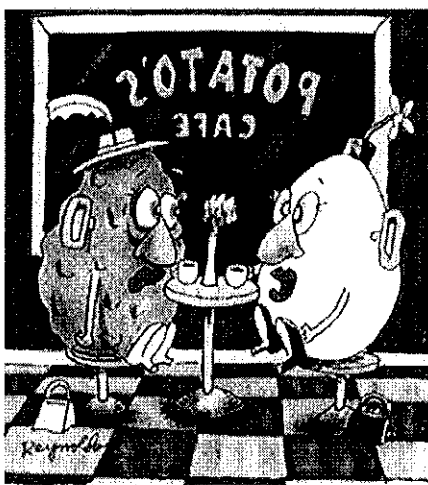


Bowling will now be on the 1st and 3rd Wed. of the month. The next dates are 1/7 and 1/21 at 12:15. The cost will be \$4.50 per game as the grant money is depleted, shoes will still be free.



Bingo is played the 1st and 3rd Thursday of the month at 1:00. **NO Bingo on Jan. 1.** Next date will be Jan. 15.

Cartoon of the month.



"No, Ida, it wasn't a chemical peel.
I went under the knife."

Pill safety disposal information: Do you have prescriptions that you no longer need and would like to dispose of them safely?

The best way is to put your pills into a DETERRA pouch. It is what they call a deactivation system. Each pouch will take 90 pills; you can also dispose of liquid prescriptions also, just follow the directions on the back of the pouch then dispose of it in your reg. garbage. Please see Fran if you would like more information.