Health Care & Services Close to Home to Keep You Safe at Home

**Community Health and Wellness Center**
Offers medical, behavioral health and dental services by appointment. CHW is accepting new patients and take most insurances, including HUSKY and Medicaid and also provides financial assistance to those who qualify.
860-238-4211, 10 Center Street, www.chwctorr.org/covid.html

**CT Home Care Program for Elders**
The State of CT income based program provides home and community-based services to qualified older adults who require assistance with activities of daily living to stay safe at home.

**Greenwoods Counseling**
Need help with anxiety, depression or alcohol or drug dependence or problems that just seem impossible? Quality mental healthcare can be very difficult to find on your own, especially if you are in pain and don’t know where to turn.

**Hartford Health Care HealthCenter**
Features emergency department as well as, diagnostic imaging, mammography, outpatient blood draw, primary, specialty care, cardiac, pulmonary rehabilitation, occupational and physical therapy, paramedic services and a LIFE STAR helicopter pad.
860-496-6725, South Main Street, www.hartfordhealthcare.org/locations-partners/health-centers/winsted

**Helping Hands Home Care**
Offers a range of homemaker services including CNA, meal preparation, housekeeping, yard work, running errands and just being a good companion. Clients aged 60 or over may be eligible for financial assistance.
860-379-4900, 115 Spencer Street, www.helpinghandschoreservice.org

**Litchfield County Opiate Task Force**
Mental health and addiction resources to support substance use disorder treatment and the journey through recovery. Ask for Rover location for Narcan and other harm reduction supplies.
860-626-3194 or 860-309-3845 or visit www.facebook.com/LCOTF

**Visiting Nurse & Hospice of Litchfield County**
Continued support for a health condition or need help to manage medications, the team of nurses, therapists, CNAs and home health aides provide medical services, rehabilitation and assistance with activities of daily living.
860-379-8561, 32 Union Street, www.vnvlc.org

**Meals on Wheels**
Two meals delivered to homebound older adults, age 60+, who are not able to prepare their own meals or access the Winsted Senior Center’s lunch program. MOW drivers are a daily contact to make certain participant is safe and secure.
203-757-5449 or 860-379-4252

**New Opportunities**
Application help, by appointment, for energy assistance, weatherization and SNAP programs that eligibility depends on certain income and other requirements.
860-738-9138, 716 Main Street, co-located with The Salvation Army

**The Salvation Army**
Programs to assist low-income families in our community including food pantry, back to school kids backpacks with school supplies, summer campership for children ages 7 to 13, holiday toys for children, assistance with application for SNAP and more.
860-379-8444, 716 Main Street, ctri.salvationarmy.org/SNE/WinstedRegionalServiceCenter

**Veterans Primary Care Clinic**
Immediate and chronic health care, preventive medical care, physical exams, diagnostic laboratory testing, general X-rays, limited immediate pharmacy for Veterans only by appointment.
860-738-6985, 115 Spencer Street, www.connecticut.va.gov/locations/Winsted_Outpatient_Clinic.asp

**Western CT Area Agency on Aging**
Funds programs and services such as congregate and home delivered meals, legal, chore, health, adult day care/respite, transportation, veterans outreach, senior centers, benefits outreach and health screenings for older adults.
203-757-5449, 84 Progress Lane, Waterbury, visit www.wcaaaa.org

**Winsted Senior Center Neighborhood Health Clinic**
On the 1st Thursday of each month, Hartford HealthCare offers age-based medical screenings including physical exams, glucose finger stick, urine dip, blood pressure screenings, behavioral health, community resources, and vaccines at WSC.
860-496-6725 or 860-379-4252, 80 Holabird Avenue, www.hartfordhealthcare.org/NeighborhoodHealth

For more information, call Winsted Senior Center at 860-379-4252