Get Help—Social Security
Go online to SSA.gov
or
1-800-772-1213
To schedule an appointment to serve you by phone
or
877-405-0486
147 Litchfield Street Torrington
You must have an appointment for an office visit

Get Help—Energy Assistance Program
New Opportunities, 716 Main Street, Winsted
860-738-9138
Appointments available in person and on the phone
You are eligible for the State of CT Energy Assistance Program (CEAP) if you:
• Are a CT Resident
• You receive food stamps (SNAP), SSI, TANF, or other benefits from the Department of Social Services, or
• Your annual household income falls at or below the income levels in the table below (i.e. 60% of the state’s median income)
  1 person in household yearly income $39,761
  2 person in household yearly income $51,996
New Opportunities offers access to many community programs and resources featuring a “no wrong door” approach

Get Help—The Salvation Army
716 Main Street, Winsted
860-379-8444
The Salvation Army Winsted Regional Service Center offers the following community programs for residents in the towns of Winsted, Colebrook and Norfolk:
  Back To School Assistance
  Camp CONNRI – Summer camp for children ages 7 to 14
  Emergency Assistance
  Food Pantry
  Holiday Food Baskets & Children’s Christmas Toys
  SNAP Applications
  Winter Coat Distribution

Ring the Bell for The Salvation Army
Volunteer to ring the bell at The Salvation Army Red Kettle to help our community at our local Stop & Shop. 90% of the donations raised will assist families in need in Winsted, Colebrook and Norfolk. Call Linda at 860-379-6916.