

Homeless Resource Page

Call me: 860-853-6601 or <u>text me 860-921-8487</u> or email me at <u>kvaill@townofwinchester.org</u>. I can help!

Where to find food in Winsted:

- The Open-Door Soup Kitchen provides one meal a day at lunch time. **160 Main Street at Saint James Church (in back**). You can get two meals each day. There is usually free food available for you to take with you as well. Sometimes, there are clothes and other items.
- The Salvation Army at 716 Main Street has a food pantry. You can also sign up for food stamps there as well. 860-379-8444 https://easternusa.salvationarmy.org/southern-new-england/winsted/
- There is a Free Food Pantry located at the Northwest Real Estate office **98 Main Street**. It is a gray metal cabinet that has non-perishable food available.

Where to find medical help in Winsted:

- Community Health and Wellness 19 Center Street. 860-238-4211 https://www.chwctorr.org/winsted-facility.html
- Hartford Health Care **80 South Main Street** 860-738-5900. This is an Emergency Room daily from 9am-9pm https://hartfordhealthcare.org/locations-partners/health-centers/winsted
- Opioid Harm Reduction Supplies including NARCAN: Friday's 11:30-12:30 at the Open-Door Soup Kitchen 160 Main Street (in back). Anytime by calling or texting 860-309-3845. https://www.facebook.com/greenwoodsaddictionoutreach

How 2-1-1 works: https://uwc.211ct.org/

- Make the call. If you don't have a phone or have enough time on your phone, come to my office and we can call together. I can also come to you. I've called 211 with people in the park, in a car, at the Soup Kitchen.
- 2-1-1 will enter you in HMIS (Homeless Management Information System) and make an appointment for a CAN Navigator to call you back for an intake assessment. CAN stands for Coordinated Access Network. They are the group that matches 2-1-1 callers to available shelter beds. The Can Navigator will typically call you back in 24 hours.
- You can go to The Gathering Place 1-21 Prospect Street, Torrington 860-618-3455, for an inperson CAN intake Monday Friday from 9am to 3pm.
- During the intake assessment, you will be asked several questions. The assessment takes about 5-10 minutes. You will be asked if you have a preference where you want to stay. There are shelters in Winsted (The YMCA), Torrington (FISH), and Waterbury (St. Vincent's DePaul, The Salvation Army).
- You will then be placed on a waiting list for a shelter bed. You must keep your phone with you and answer all calls. The Navigator will call you when a bed opens. They won't keep the bed open for long so if they can't get a hold of you, they will move on to the next person on the list.
- If you are living unsheltered, outside or in a car, a Navigator will be assigned to come out and meet you to see where you are living.
- If you have transportation or can use the bus, go to The Gathering Place in Torrington 1-21 Prospect Street 860-618-3455. The Gathering Place is open from 9-3 Monday through Friday. You can take a shower there, do your laundry and get services from professionals that are available there daily. The staff there can also provide you with a tent and a sleeping bag if you need one. There is a bus that picks up daily at The Gilson 352 Main Street, at 8:00. This bus goes to Torrington.
- Sometimes, we have tents and sleeping bags available in Winsted by calling me or text Sarah Toomey at 860-309-3845.

How Housing programs work:

- Once you are placed in a shelter, you will have time to settle in and get your organized. Each shelter is run a bit differently. You will be informed of how your shelter runs, what you can and can't do and what will be expected of you.
- When resources (money) are available, housing programs may be offered to you.
- There are a few different programs.
- There is a Section 8 voucher available through an agency called JD Ameillia often referred to as JDA. The Winsted Housing Authority **does not provide** Section 8 vouchers.
- There is Rapid Exit program that will help you pay for security and deposit for an apartment that you can afford.
- There is Rapid Rehousing program that will help you find a place, pay for security, and deposit and help you with rent for a year. Each month, you will contribute what you can afford to the rent with the goal of being able to pay the rent in full on your own at the end of one year.
- There is Permanent Supportive Housing which provides you with the services listed above and ongoing case management