

Caring  Community

Winsted Community Resource Guide

Updated January 2022

If you have any additions or changes to this Guide, please call
Jennifer Kelley at Winsted Senior Center, 860-379-4252 or jkelly@townofwinchester.org

**Please note if you are experiencing a medical emergency call 911
All other emergencies call 211**

C4RC Resource Guide

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CHILDREN & YOUTH SERVICES

Town of Winchester Recreation Department 338 Main Street Winsted, CT 06098 860-738-6964 winstedrec.com or townofwinchester.org	Youth and adult recreation activities and program year-round	Call for more information
Diaper Bank Second Congregational Church 800 Main Street Winsted, CT 06098 860-379-4766	Infant and toddler diapers supplied in a limited quantity at no cost.	Hours: 1st & 3rd W 5:00pm-6:30pm
CHAMPS Bacheller School 201 Pratt Street Winsted, CT. 06098 860-379-5423 x5266	Academically enriching programs during out of school hours to help children achieve higher academic performance during the school day.	Call to register
HEAD START Bacheller School 201 Pratt Street Winsted, CT 06098 860-626-3296	Services provided for children prenatal to age 5 including home visitation program for ages prenatal to 3 years & center based program for ages 3-5 years.	Call for more information
Winchester Youth Service Bureau YMCA 480 Main Street Winsted, CT 06098 860-379-0708 x111	Juvenile Review Board (JRB) and court diversion reviews.	Call for more information
Winsted Area Child Care Center, Inc. Early Childhood Education and Child Care 185 Prospect Street & 1 Lake Street Winsted, CT 06098 860-379-0006, infant, toddler & preschool 860-379-2779, school age	Provide the highest quality care for our smallest community members in a safe, nurturing and educational environment. Services for children ages 6 weeks to 12 years old. State licensed and NAEYC accredited. Sliding scale grant slots available for qualifying families.	Hours: M-F 6:30am-6:00pm year-round
Winsted Family Resource Center/Batchellor Early Education Center 201 Pratt Street Winsted, CT 06098 860-379-5423 x5262	Parent education and support for Winsted families, family childcare, free of charge, monthly preschool screenings, resources and referrals.	Call for more information

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Care 4 Kids 1344 Silas Deane Hwy, Rocky Hill, CT 06067 (888) 214-5437 www.ctcare4kids.com/	Care 4 Kids is an agency that helps low to moderate income families in Connecticut pay for child costs	Hours: M, T, W, F 8am-5pm Th 8am-6pm
Connecticut WIC Nutrition Program for Women, Infants & Children (WIC) Torrington Area Health District 350 Main Street, Suite C, Torrington, CT 06790	Provides supplemental foods, health care referrals, nutrition education and breastfeeding promotion and support to low-income pregnant, breastfeeding and non-breastfeeding postpartum women and infants and children up to age five who are at nutritional risk.	Hours: M 8:30am-4:30pm T 9:00am-6:00pm W 8:30am-4:30pm Th 8:30am-4:30pm F 8:00am-12:00pm
Dept. of Children & Families, DCF 62 Commercial Blvd. Torrington, CT 06790 860-496-5700		
Family Strides, Inc. 350 Main Street Suite D Torrington, CT 06790 860-482-3236 www.familystrides.org	Community based program providing services to enhance opportunities for families to grow and develop through ongoing education and support	Call for hours
Brooker Memorial 157 Litchfield Street, Torrington CT 06790 860-489-1328 www.brookermemorial.org	Provides services for children including pediatric dentistry, children's therapy, and an early learning & childcare	Hours: M-F 6am- 6:30pm
EdAdvance 355 Goshen Road Litchfield, CT 06759 860-567-0863 www.edadvance.org	Provides educational services for children	Call for hours
The Children's Law Center of Connecticut 30 Arbor Street Hartford, CT 06106 860-232-9993 www.clcct.org Children Law Line 860-232-9993	Provides legal services to children in family court cases. An easily accessible legal help line that can assist callers on issues involving children and family law in Connecticut.	Call for hours
Camp Moe 1145 Brandy Hill Road Torrington, CT 06790 860-482-9364 x200 860-618-2800 (summer) www.campmoe.org	Day camp for boys and girls age 5-15 years old operated by the Arc of Litchfield County, Inc. and is a camp for all children with and without special needs.	Call for more information

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CHILDREN & YOUTH SUMMER CAMPS

Town of Winchester Recreation Department 338 Main Street Winsted, CT 06098 860-738-6964 winstedrec.com or townofwinchester.org	Youth camps	Summer M-F
Camp Rising Sun Charitable Foundation 6 Prock Hill Road Colebrook, CT 06021 (203) 481-7277 www.camprisingsun.com	Children age 5-17 years who are in-treatment, in-remission, or anywhere in between. No cost.	Summer M-F
Camp CONNRI The Salvation Army 716 Main Street Winsted, CT 06098 860-379-8444	Faith-based summer camp, five-day overnight camp for children age 7-12 years. Located in Ashford, CT. Scholarships available. Transportation provided.	Summer M-F
Camp Jewell 6 Prock Hill Road PO Box 8 Colebrook, CT 06021 (860) 379-2782 camp.jewell@ghymca.org	Open to youth, ages of 7-16 years. Financial scholarships are available.	Summer M-F
Winchester Youth Service Bureau Rising Stars Summer Camp 480 Main Street Winsted, CT 06098 860-379-0708 x111	Children age 6-14 years learn skills for building self- esteem and conflict resolution. Scholarships available. Transportation options.	Summer M-F

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CLOTHING & HOUSEHOLD

Auxiliary Thrift Shop 120 Willow Street Winsted, CT 06098 860-379-1997	Clothing and household items for sale.	Hours: M-F 10:00am-4:00pm S 9:30am-12:00pm
Valley Thrift Shop 714 Main Street Winsted, CT 06098 860-739-2390	Clothing and household items for sale.	Hours: M-F 10:00am-4:00pm S 11:00am-2:00pm
Winsted United Methodist Church 630 Main Street Winsted, CT 06098 860-738-6386	Used clothing bank.	Hours: Th, S 9:00am-12:00pm
Winchester Youth Service Bureau 480 Main Street Winsted, CT 06098 860-379-0708 x111	Critical clothing needs for youth.	M-F 9am-9pm
Hands of Grace St Paul's Lutheran Church 8 Wickett Street Pine Meadow New Hartford, CT 06061 860-738-0299	Food, clothing, household items at no charge, by appointment.	Hours: M, T, W 10:00am-4:00pm Th 9:00am-12:00pm
Josephs House 116 Water Street Torrington CT 06790 www.josephshousetorrington.org Jim Wilson for pick-up and delivery 860-693-4607	Household items, furniture and clothing. Call and leave specific information as to what you need or wish to donate.	Hours: M-F 9:00am-5:00pm S 6pm-9pm

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CRISIS SERVICES

Western CT Mental Health Network 249 Winsted Road Torrington, CT 06790 860-482-1560 888-447-3339 24/7 Hotline	Services and support for individuals with long-term mental illness	Call for an appointment and information
Susan B Anthony 179 Water Street Torrington CT 06790 860-489-3798	Domestic violence, crisis support, counseling and sheltering	Hours: M-F 8:30am-4:30pm
National Suicide Prevention Lifeline 860-273-8255 Kids In Crisis 24-hr. Helpline Under 18 years, 203-661-1911	National suicide prevention network of 161 crisis centers that provide a 24/7, toll-free hotline for anyone in suicidal crisis or emotional distress.	Hours: 24/7
Beacon Pharmacy 294 Main Street Winsted, CT 06098 860-738-2506 www.beaconrx.com	Narcan available	Hours: M-F 9:00am-6pm S 9:00am-3pm
Litchfield County Opiate Task Force -McCall Center 58 High Street Torrington, CT 06790 860-496-2111	Mental health and addiction resources to support substance use disorder treatment and journey through recovery.	Hours: Call for more information Winsted Rover location Narcan and other harm reduction supplies
Rover Location Open Door Soup Kitchen St. James Place (parish house rear entrance) 160 Main Street Winsted, CT 06098 Sarah Toomey , call or text 860-309-3845	Narcan and other harm reduction supplies.	Hours: F 11:30am-12:30pm
Greenwoods Counseling Outreach & Recovery 29 South Street Litchfield, CT 06759 Sarah Toomey , call or text 860-309-3845	Mental health and addiction services outreach and recovery navigation	Call for an appointment and information

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DISABILITY SERVICES

Bureau of Rehabilitation Services (BRS) 55 Farmington Avenue Hartford, CT 06105-3730 Toll-Free: 800-537-2549 www.ct.gov/brs	Assists people with disabilities to prepare for, find or keep a job	Hours: M-F 8:00am-4:00pm
Social Security Administration (SSA) 147 Litchfield Street Torrington, CT 06790 1-877-405-0486 or TTY: 1-860-626-9568 www.ssa.gov	Provides Social Security which is a social insurance program that includes retirement, disability or survivor's benefit	Hours: M-F 9:00am-4:00pm
State of Connecticut Department of Developmental Services (DDS) Torrington Center Alvord Park Road Torrington, CT 06790 860-496-3000	The Department of Developmental Services is an agency that provides services to individuals with developmental disabilities and their families	Hours: M-F 8:00am-4:00pm
The Arc of Litchfield County (LARC) 314 Main Street Torrington, CT 06098 860-482-9364 www.litchfieldarc.org	Provides services for people with intellectual and developmental disabilities including residential group homes, in-home supports, transportation, day and employment programs	Hours: M-F 8:00am-4:00pm
Community Systems Inc. (CSI) Community Systems, Inc. 295 Alvord Park Road Torrington, CT 06790 860-482-2887 www.communitysystems.org	Provides services for individuals with disabilities including case management, day activity, supported independent living, shared living and supported employment	Hours: M-F 8:00am-4:00pm
Senior Enrichment Program Winsted Senior Center 80 Holabird Avenue Winsted, CT 06098 860-379-4252 x3	DDS funded day program for older adults	Hours: M-F 8:00am-4:00pm

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EDUCATION

Northwestern CT Community College (NCCC) Academic Success Center Park Place East, Winsted, CT 06098 860-738-6300 www.nwcc.edu	Credit and non-credit education and training programs. Free tutoring, academic support and career counseling to NCCC students	Hours: M-F 8:00am-4:00pm Call for an appointment
Northwestern CT Community College (NCCC), Center for Workforce Development 56 Park Place East Winsted, CT 06098 860-738-6300 www.nwcc.edu	Education and training scholarships for SNAP recipients	Hours: M-Th 8:00am-1:00pm Call for an appointment
EdAdvance/ Foothills Adult Education Northwestern Regional High School 100 Battistoni Drive Winsted, CT 06098 (860) 379-8525 ext.2630 or NCCC, Center for Workforce Development 56 Park Place East Winsted, CT 06098 860-567-0863	Earn your GED high school equivalency. Free classes. Call for more information about other high school completion options. English as a second language classes Citizenship classes	Hours: T & Th 6-8pm Open enrollment T 1:00-3:00pm W 1:30-3:30pm
Explorations Charter School 71 Spenser Street Winsted, CT 06098 860-738-9070	Founded to meet the needs of bright high school students who are not motivated in a traditional school setting, but are full of potential for academic achievement	Call for information

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ELDERLY SERVICES

Alzheimer's Assoc., CT Chapter 200 Executive Blvd., Suite 4B Southington, CT 06489 Local 860-370-2265 www.alz.org/ct	Resource for individuals who are diagnosed with Alzheimer's and related dementias and their caregivers	24/7 Helpline 1-800-272-3900
Winsted Senior Center 80 Holabird Ave Winsted, CT 06098 860-379-4252 www.townofwinchester.org	Free fitness classes, services and programs for members age 55+ and daily lunch, reservation required, \$4 donation. Stop by and pick up a newsletter for more information	Hours: M-F 8:00am-4:00pm
Helping Hands Chore Services 115 Spencer Street Winsted, CT 06098 860-379-4900 www.helpinghandschoreservice.org	Quality home care for persons age 60+. Assist with daily activities, grocery shopping, personal care, medical transportation, companionship, respite for family caregivers	Hours: M-F 9:00am-5:00pm
Foothills VNA & Hospice 32 Union Street Winsted CT, 06098 860-379-8561 www.foothillsvna.org	Home health, hospice and preventive care for all ages. Services include skilled nursing, physical, occupational, speech therapy, medical social work, home health aides	Hours: M-Su 8:00am-5:00pm
Western Connecticut Area Agency on Aging, WCAAA 84 Progress Lane Waterbury, CT 06705 203-757-5449 or 1-800-994-9422 www.wcaaa.org	Develops, manages and provides services for persons age 60+, caregivers and people with disabilities to maintain their independence and quality of life	Hours: M-F 8:00am-4:30pm
Protective Services for the Elderly (PSE) 1-888-385-4225 Emergency after hours call 211	DSS program to keeps older adults safe from abuse and neglect	Hours: M-F 8:00am-4:00pm
Consumer Law Project for Elders 85 Central Avenue Waterbury, CT 06702 1-800-296-1467 www.ctlawhelp.org	Legal assistance for older persons	Hours: M-F 8:00am-4:00pm
CT Home Care Program for Elders, CHCPE Department of Social Services 55 Farmington Avenue Hartford, CT 06105 1-800-445-5394 www.portal.ct.gov/DSS	Income based program to provide home and community-based services for older adults who require assistance with activities	Hours: M-F 8:00am-4:30pm

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EMPLOYMENT ASSISTANCE

Beardsley & Memorial Library Munro Place Winsted, CT 06098 860 379 6043 www.beardsleylibrary.org	Computer access and one-on-one help with job searches, resume writing, interviewing skills by appointment	Hours: T & Th 10:00am-8:00pm W & F 10:00am-6:00pm S 10:00am-2:00pm Call for an appointment
Goodwill Career Center 1849 East Main Street Torrington, CT 06790 860-489-8670	One-on-one coaching, resume, interview, internet, email skills training, access on-line job openings	Hours: M-F 10:00am-2:00pm & 2:30pm-6:00pm
CT Department of Labor American Job Center 58 East Park Place Winsted, CT 06098 860-738-7688 www.ctdol.state.ct.us	CT Works and Job Center offices provide assistance to individuals seeking employment and to employers seeking workers	Hours: Th 8:30am-4:40pm Call for an appointment
Northwestern CT Community College (NCCC) Greenwoods Hall 4 Park Place East 2nd Floor Bulletin Board www.nwcc.org	Posting of job opportunities in the area	Hours: M-F 8:00am-4:00pm
Prime Time House 836 Main Street Torrington CT 06790 860-618-2479 www.primehouse.org/career-services	Supports people with mental illness to find integrated and competitive employment	Hours: M, T, Th, F 8:30am-4:30pm W 8:30am- 7:00pm
Bureau of Rehabilitation Services (BRS) 55 Farmington Avenue Hartford, CT 06105-3730 800-537-2549 www.ct.gov/brs	Assists people with disabilities to prepare for, find or keep a job	Hours: M-F 8:00am-4:00pm
A4TD - Associates for Training & Development 59 Field Street Torrington, CT 203-833-1422 www.a4td.org	Employment and training opportunities to assist older adults who wish to remain in the work force	Hours: M-F, call for an appointment

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FOOD & NUTRITION

The Salvation Army Food Pantry 716 Main Street Winsted, CT 06098 860-379-8444 ctri.salvationarmy.org/SNE/WinstedRegionalServiceCenter	Food pantry and help applying for Supplemental Nutrition Assistance Program (SNAP)	Hours: T 2:00pm-6:00pm W 2:00pm-5:00pm F 10:00am-12:00pm
Open Door Soup Kitchen St. James Place (parish house rear entrance) 160 Main Street Winsted, CT 06098 860-738-2449	To go meals and social services help	Hours: M-F 11:30am-12:30pm
Winsted United Methodist Church 630 Main Street Winsted, CT 06098 860-379-6386	Patrons may come once a week to the food pantry. Thrift Shop.	Hours: Th & S 9:00am-12:00pm
Supplemental Nutrition Assistance Program (SNAP) Dept. of Social Services 62 Commercial Boulevard Torrington, CT 06790 1-855-6-CONNECT www.snap4ct.org/torrington-dss-office.html	SNAP Benefits provides a monthly supplement for purchasing nutritious foods for individuals and families	Hours: M-F 8:00am-4:00pm
Meals on Wheels 860-482-4151	Meal delivery for home bound adults 60+. Doctor referral may be required	Hours: M-F 8:00am-4:00pm
Winsted Senior Center 80 Holabird Avenue Winsted, CT 06098 860-379-4252 www.townofwinchester.org	Daily lunch, reservation required, \$4 donation	Hours: M-F 8:00am-4:00pm
End Hunger CT Gaylord - Tiffany Building 75 Rowley Street Litchfield Heights 15 Mountain View Terrace Call 2 1 1 www.endhungerct.org/summer-meals	Neighborhood summer free meal program for children to age 18, July & August	Hours: M-F 11:00am-noon M-F noon-1:00pm
NCCC Food for Thought (Student Pantry) Founders Annex Room 317 Park Place East Winsted, CT 06098 860-738-6300	Founded and operated by NCCC's chapter of Phi Theta Kappa. A student ID or current class schedule with photo ID is required	Hours: Call for hours

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FUEL & ENERGY ASSISTANCE

New Opportunities, Inc. Co-located with The Salvation Army 716 Main Street Winsted, CT 06098 860-738-9138	Application help for energy assistance and weatherization programs which eligibility depends on certain income and other requirements	Hours: M-F 8:30am-4:30pm Evening hours available by appointment
The Salvation Army 716 Main Street Winsted, CT 06098 860-379-8444	Energy and utility assistance	Hours: M-F 8:30am-4:30pm

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HOUSING - ELDERLY, DISABLED, VETERANS & SHELTERS

Chestnut Grove Apartments 80 Chestnut Street Winsted, CT 06098 860-379-4573	Housing for older adults and people with disabilities	Age, income requirements and services vary, call for details
Greenwoods Gardens Apartments Gay Street Winsted, CT 06098 860-379-1752	Housing for older adults and people with disabilities	Age, income requirements and services vary, call for details
Laurel Commons Apartments 75-81 Gay Street Winsted, CT 06098 860-379-7001	Housing for older adults and people with disabilities	Age, income requirements and services vary, call for details
Carriage Maker Place Apartments 19 Gay Street Winsted, CT 06098 860-379-7001	Housing for older adults and people with disabilities	Age, income requirements and services vary, call for details
Susan M.B. Perry Apartments 117 Spencer Street Winsted, CT 06098 860-738-1115	Housing for older adults and people with disabilities	Age, income requirements and services vary, call for details
The Glen Apartments 130 Willow Street Winsted, CT 06098 860-529-1111	Housing for older adults and people with disabilities	Age, income requirements and services vary, call for details
McCall's Center for Behavioral Health 231 N Main Street Winsted CT, 06098 860-485-8605	Transitional housing for homeless veterans or risk of homelessness	Call for an appointment and information
Winsted YMCA 480 Main Street Winsted, CT 06098 Call 2.1.1	Homeless shelter and warming center	Access Shelter by calling 2-1-1
Torrington FISH 332 South Main Street Torrington, CT 06790 860-496-1648 Call 2 1 1	Homeless shelter	Access Shelter by calling 2-1-1
The Gathering Place 21 Prospect Street Torrington, CT 06790 860-618-3455	Services for the homeless: Showers & laundry facilities	Hours: M-F 9:00am-4:00pm

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MEDICAL, HEALTH CARE & HOME CARE

Alzheimer's Assoc., CT Chapter 200 Executive Blvd., Suite 4B Southington, CT 06489 Local 860-370-2265 www.alz.org/ct	Resource for individuals who are diagnosed with Alzheimer's and related dementias and their caregivers	24/7 Helpline 1-800-272-3900
Community Health & Wellness Center (CHWC) 10 Center Street Winsted, CT 06098 860-238-4211 www.chwctorr.org	Non-emergency medical, dental, behavioral health, case management and HIV testing services. Accepts HUSKY and other insurances. Financial assistance and Spanish speaking available	Hours: By appointment M-F 8:00am-5:00pm
Foothills Visiting Nurse & Hospice 32 Union Street Winsted CT, 06098 860-379-8561 www.foothillsvna.org	Home health, hospice and preventive care for all ages. Services include skilled nursing, physical, occupational, speech therapy, medical social work, home health aides	Hours: M-Su 8:00am-5:00pm
Helping Hands Chore Services 115 Spencer Street Winsted, CT 06098 860-379-4900 www.helpinghandschoreservice.org	Affordable home care for persons age 60+. Housekeeping, grocery shopping, meal prep, personal care, fall prevention, medical transportation, companionship, respite for family caregivers.	Hours: M-F 9:00am-5:00pm
Hartford HealthCare Health Center 80 South Main Street Winsted CT 06098 860-738-6650	Urgent and emergency medical care, Quest Lab, cardiac rehab, cardiology, Gastroenterology, mammography, neurology, OB/GYN, OT, PT, podiatry, primary care and surgery	Hours: 7 days/week 9:00am-9:00pm
Veterans Primary Care Clinic 115 Spencer Street Winsted CT 06098 860-738-6985 www.connecticut.va.gov/locations/Winsted_Outpatient_Clinic.asp	Immediate and chronic health care, preventive medical care, physical exams, diagnostic laboratory testing, general X-rays, limited immediate pharmacy	Hours: by appointment For Veterans only
The Salvation Army 716 Main Street Winsted, CT 06098 860-379-8444	Prescription assistance, restrictions apply so call for information	Hours: M-F 8:30am-4:30pm

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MEDICAL EQUIPMENT (GENTLY USED)

Foothills Visiting Nurse & Hospice 32 Union Street Winsted, CT 06098 860-738-7479	Used equipment available and will take donations of smaller items	Call for an appointment
Winsted Knights of Columbus 122 Marshall Street Winsted, CT 06098 860-379-6956	Used equipment available and will take donations. Will pick up large items	Call for an appointment
Winsted VFW 114 Colebrook River Road Winsted, CT 06098 860- 379 - 3489	Used equipment available and will take donations. Will pick up large items	Call for an appointment

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MENTAL & BEHAVIORAL HEALTH / SUBSTANCE ABUSE

Community Health & Wellness Center (CHW) 10 Center Street Winsted, CT 06098 860-238-4211 www.chwctorr.org	Behavioral health and case management services. Accepts HUSKY and other insurances. Financial assistance and Spanish speaking available	Hours: By appointment M-F 8:00am-5:00pm
McCall Center for Behavioral Health 58 High Street Winsted CT, 06098 860-485-8605 www.mccallcenterct.org	Outpatient behavioral health services Litchfield County Opiate Task Force	Hours: M-Th. 8am-9pm F 8am-5pm
Winchester Youth Service Bureau 480 Main Street Winsted, CT 06098 860-379-0708 x111	Free youth & family short-term behavioral health counseling and case management. Therapeutic in school program for at risk youths.	Call for an appointment. Requires school referral.
Western CT Mental Health Network 249 Winsted Road Torrington, CT 06790 860-482-1560 888-447-3339 24/7 Hotline	Services and support for individuals with long-term mental illness	Call for an appointment and information
Community Health Center, Inc School Based Health Center Batcheller Elementary School Pearson Middle School Gibert High School 860-253-9024 Melissa Thibealt	Counseling services available by appointment	Hours: During regular school hours
Prime Time House 836 Main Street Torrington, CT 860-618-2479 www.primehouse.org	Provides opportunities for adults living with mental illness to lead productive, independent, and fulfilling lives	Hours: M-F 8:30am to 4:30pm
CHH Hartford Healthcare 54 Litchfield Street Torrington 860 459-9726 hartfordhealthcare.org	Intensive outpatient program Substance abuse treatment and counseling to connect those seeking treatment	Hours: 24/7
Substance Abuse Walk-in Assessment Center Watkins Network 21 Prospect St Torrington, CT 06790 860-482-7242 1-800-563-4086 cnvhelp.org/watkins-network	Outpatient drug and alcohol programs features Intensive Outpatient groups, gender-specific substance abuse groups also psychiatric evaluations and medication assisted treatments including Suboxone, Vivitrol and Naltrexone	Hours: M, W, Th 1:00 to 9:00pm T 11:00am to 7:00pm F 9:00am to 5:00pm

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Opioid Crisis Line 1-800-563-4086	Also provides transportation to treatment within state	
Narcotics Anonymous Second Congregational Church (NA) 800 Main Street Winsted, CT 06098 Winchester Center Congregational Church 1 West Road Winchester Center, CT 06098 ctna.org/find-a-meeting	Facilitated support group	Meetings: Second Congregational Church F 7:00 Winchester Center Congregational Church T 7:00
Alcoholics Anonymous United Methodist Church (AA) 630 Main St. Winsted, CT 06098 Winchester Center Congregational Church 1 West Road Winchester Center, CT 06098	Facilitated support group	Meetings: United Methodist Church M 7:00pm T, Th 8:00pm W 7pm (Woman's) S 8:00pm Su 7pm Winchester Center Congregational Church F 7:00pm
Al Anon Family Groups First Church of Winsted 95 North Main Street Winsted, CT 06098	Facilitated support group if someone else's drinking is troubling	Meetings: W 7:30pm
Greenwoods Counseling Referrals 25 South Street Litchfield, CT 06759 860-567-4437	Mental health, addiction and referral source for all of Litchfield County. Counseling for all ages, youth mental health programs, parent support groups, relapse prevention, medication assisted counseling (MAT) offering Suboxone and Sublocade and recovery enhancement groups. Financial assistance available for those who qualify.	Hours: M-F 8:30am to 5:00pm, some weekend hours available

PET SERVICES

"For the Love of Jack" 860-689-3632	Animal and pet supplies for low income pet owners.	Call for information
The Little Guild 285 Sharon-Goshen Turnpike West Cornwall, CT 06796 860-672-6346	Pet adoption service	W-F noon to 4:00pm S & Su 10:00am to 1pm

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SOCIAL MEDIA

Town of Winchester townofwinchester.org/	The Town of Winchester/City of Winsted is nestled in the mountains of Litchfield County and is noted as the Gateway to the Berkshire Mountains. Winchester, with 32 square miles and a population of 11,500, claims a wonderful quality of life with beautiful lakes, fishing, boating, freshwater springs and more	facebook.com/WinchesterConnecticut/
Neighbors Helping Neighbors	Winsted residents dedicated to helping neighbors through community projects and outreach	facebook.com/groups/1671972889754787/
Winsted Recreation winstedct.myrec.com	Youth and adult recreation activities and program year-round	facebook.com/winstedrecreation
Friends of Main Street www.fomswinsted.org	Organization dedicated to supporting the historic preservation, beautification, and economic growth of Winsted	facebook.com/FOMS Winsted/
Fit Together NWCT www.how2fitkids.org	Mission is to build the healthiest kids, families, and communities through sustainable strategies that foster healthy eating and active living	facebook.com/how2fitkids
Winsted Senior Center	The mission of the Winsted Senior Center is to provide a welcoming place for members to gather and meet old friends and make new ones, have a great experience, take a trip, practice healthy aging, learn about services and benefits to ensure a community of happy, healthy and safe adults age 55+.	facebook.com/wsc.page

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STATE PROGRAMS (MEDICARE, MEDICAID, HUSKY, SNAP, etc.)

2 1 1 Helpline https://www.211ct.org/	2-1-1 provides information and referral services about basic needs (food, clothing, and shelter)	Call 2-1-1
CT Department of Social Security 1-800-772-1213 www.socialsecurity.gov	For any questions regarding Social Security and to request Letter of Benefits	Call for information
CT Department of Social Services (DSS) 1-855-626-6632 www.connect.ct.gov EBT Helpdesk 1-888-328-2666	Benefits information	Call for information
Access Health CT 1-855-805-4325	Health Insurance Marketplace for Connecticut. Access Health allows individuals to get buy health insurance at subsidized rates	Call for information
Choices Program (WCAAA) 1 800 994-9422	Assist everyone with Medicare, to understand their Medicare coverage and healthcare options	Hours: M-F 8:00am-4:00pm
Medicare 1-855-268-0403 www.medicare.gov	National health insurance program that covers individuals who are 65 or older, or young people with disabilities	Call for information
Supplemental Nutrition Assistance Program (SNAP) Dept. of Social Services 62 Commercial Boulevard Torrington, CT 06790 1-855-6-CONNECT www.snap4ct.org/torrington-dss-office.html	SNAP Benefits provides a monthly supplement for purchasing nutritious foods for individuals and families	Hours: M-F 8:00am-4:00pm
Connecticut Legal Services, Inc. 85 Central Ave Waterbury, CT 06702 1-800-453-3320 CTLawhelp.org	To talk with someone about a problem or think you may need the services of an attorney	Call for information

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TRANSPORTATION

Dial-A-Ride Bus NW CT Transit District www.nwcttransit.com 860-489-2535 1-866-906-7433	Curb to curb transportation to Torrington One-way fare: adults: \$1.25, students \$.90, Disabled \$.65 Children under 5 - Free Out of town medical M-T-Th 9:00am-3:00pm	Hours: M-F 9:00am-3:00pm S 9:00am-noon Evening and Sundays, TBD Must call 24 hours in advance for reservation
Winsted Senior Center Van 80 Holabird Avenue Winsted, CT 06098 860-379-4252	Curb to curb transportation within Winsted/Winchester for residents age 55+ & people with disabilities. Suggested donation \$1. Caregiver rides free with a passenger with a disability	Hours: M-F, 8:45am-2:30pm Must call 24 hours in advance for reservation
Candystriper Bus 203-753-2538, Ext.1 All vehicles are wheelchair accessible	Local fixed bus route available for trips in Torrington, Winsted and Litchfield. Bus will travel up to ¾ mile off its route if there is a barrier, upon request 24 hours in advance	Hours: M-F, 7:30am-5:00pm See bus routes and schedules at www.nwcttransit.com
NW Regional Mobility Manager and Ombudsman The Kennedy Center, Inc. April Chaplin 475-298-3103 achaplin@kennedyctr.org	Provides information about public transportation options available in the NW Corner	Call or email
RITS Program (Rural Independent Transportation Program) Northwest Transit District 860-489-2535	Non-emergency medical trips for older adults and people with disabilities who are residents of the northwest hills to destination outside of the region. Donations are welcome	Call to schedule ride as soon as you make your appointment, limited availability
The Salvation Army 716 Main Street Winsted, CT 06098 860-379-8444	Assistance with gasoline and automotive repairs. Must present current DL, registration and insurance	Hours: M-F 8:30am-4:30pm Evening hours TBD
Transportation Reaching Every Direction (TRED) 364 Main Street Unit 6 Torrington, CT 06790 860-482-1852	Transportation for individuals with a mental health diagnosis or addiction.	Call for appointment. Must call 24 hours in advance

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VETERANS SERVICES

Veterans Primary Care Clinic 115 Spencer Street Winsted CT 06098 860-738-6985 www.connecticut.va.gov/locations/Winsted_Outpatient_Clinic.asp	Immediate and chronic health care, preventive medical care, physical exams, diagnostic laboratory testing, general X-rays, limited immediate pharmacy	Hours: by appointment For Veterans only
McCall's Center for Behavioral Health 231 N Main St Winsted CT, 06098 860-485-8605	Transitional housing for homeless veterans or risk of homelessness	Hours: By appointment
Veteran's Services Town of Winchester Art Melcher 860-307-5103	Resource to assist veterans. www.ebenefits.va.gov and register to obtain DD214 form	Call for information
Veterans Coffee Talk Winsted Health Center Conference Room 115 Spencer Street, lower level Winsted, CT 06098 860-379-4252	Veteran's liaison leads a discussion about updates, benefits, military culture and events. Open for veterans and spouses	2 nd W of month, 8:30am
VA Crisis Line 1-800-273-8255, Ext.1	Prevention and crisis services for veterans	Call for information
VA Benefits 1-800-827-1000	The Veterans Benefits Administration is an agency of the US Department of Veterans Affairs that provides services for Veterans	Call for information
Health Care 1-877-222-8387 Choice Program 1-866-606-8198	www.va.gov/healthbenefits www.va.gov/opa/choiceact	Call for information
Department of Labor Veteran Representative Torrington, CT 203-437-3297		Call for information

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WARMING CENTERS

Winsted YMCA 480 Main Street Winsted, CT 06098 860-379-0708	Homeless shelter and warming center	Call 2-1-1
Open Door Soup Kitchen 160 Main Street Winsted, CT, 06098 860-738-2449	Warming center	Hours: Call for hours
Winsted Town Hall Francis Hicks Room 338 Main Street Winsted, CT 06098 860-738-6963	Warming center	Hours: 8am to 4pm
Winsted Senior Center 80 Holabird Avenue Winsted, CT 06098 860-379-4252	Warming center for older adults age 55+	Hours: Call for hours
Beardsley & Memorial Library Munro Place Winsted, CT 06098 860-379-6043	Warming center	Hours: T & Th. 10:00am-8:00pm W & F 10:00am-6:00pm S 10:00am-2:00pm
Winchester Center Fire Department 10 Newfield Road Winchester Center, CT 06094 860- 379-1750	Warming center	Hours: Call for hours